# GCS NEWSLETTER

Issue: 42

Jan-Feb-Mar 2024



# GCS MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE

# Excellence Assured NABH Surveillance Successfully Completed





# Index

01	Our Patrons	05
02	Journey Towards the Red Seal of Quality Care	06
03	GCS Milestone Achievement	07
04	Newsbies on Board	08
05	Top Picks: College Ranking	09
06	Key Advancements : Laser Kranti	10
07	Significant Recognitions	11
08	Introducing refined Deluxe Wing on 8th Floor	12
09	Newly launched 16 bedded Intensive Care Unit (ICU) on 9th Floor	13
10	Clinical Conference Highlights	14
11	Academic Event Updates	15
12	Health Camps and Outreach Programs	18
13	Insurance & TPA Tie-Ups	21
14	Community Medicine RHTC/UHTC Activity	22
15	Clinical Excellence	24
16	GCS Sports League , Celebrations and Special Events	26
17	GCS in News	28
18	Nursing College	30
19	GCRI Highlights	31
20	Community Oncology Centre	34
21	Puzzle Challenge : Count the squares & Decode the Secret Message	35

### Vision

To be a premier medical college and state-of-the-art multispecialty hospital, world class research facilities with compassionate team of doctors and staff.

### **Mission**

To offer medical education and create a continuous stream of trained medical professionals to provide diagnostic, therapeutic and preventive healthcare to the patients at an affordable cost.

### **Core Values**

We GCS members, hold the values and act according to these values.

Grow - We seek growth of all

Care - Care of patient is our prime objective

Serve - Serving to the mankind

### **OUR PATRONS**

**PRESIDENT** Hon. Governorshri (Gujarat) Shri Acharya Devvratji

EXECUTIVE CHAIRMAN & VICE PRESIDENT Shri Pankaj R. Patel

#### **VICE PRESIDENTS**

Minister of Health (Gujarat) Dr. Pankaj M. Shah Shri Chintan N. Parikh Shri Sandip Engineer Shri Satyanarayan Dangayach

#### TRUSTEES

Shri Pankaj R. Patel Shri Kshitish Madanmohan Shri Rajesh Jaykrishna

HON. GENERAL SECRETARY Shri Kshitish Madanmohan



**COO's Desk : Dr. Jagdish Khoyani** Chief Operating Officer Gujarat Cancer Society

At GCS, our vision is to set a benchmark for future generations by delivering top-tier education that fosters critical thinking and innovation, advancing scientific knowledge through groundbreaking research, and ensuring access to high-quality, affordable clinical care. We are committed to equipping our facilities with state-of-the-art technology and infrastructure to support learning, research, and patient care. Additionally, we emphasize community education on preventive health measures to reduce disease spread and promote healthier lifestyles. Through our dedication to excellence in these areas, GCS aims to shape a healthier future.



Director's Desk : Dr. Kirti M. Patel Director - GCS Medical College, Hospital & Research Centre

At GCS Hospital, our priority is to make high-quality healthcare accessible to all, especially through initiatives like the Ayushman Yojana. We're dedicated to providing top-notch medical care at affordable rates, ensuring no one is left behind in their time of need. Our team of skilled professionals is committed to delivering compassionate care and innovative treatments. We believe in empowering our patients with the best healthcare solutions to lead healthier, happier lives. Our state-of-the-art facilities and advanced medical technology ensure that every patient receives the best possible care.

#### Dean's Desk : Dr. Yogendra S Modi



Dean - GCS Medical College, Hospital & Research Centre

GCS Medical College, where excellence in medical education and healthcare innovation is our hallmark. We offer a range of programs, from undergraduate to post-graduate levels, including M.D., M.S., and DrNB, designed to equip our students with the skills and knowledge to excel in the healthcare field. Our dedicated faculty, state-of-the-art simulation labs, extensive library, and cutting-edge research facilities ensure a holistic learning experience. We are committed to shaping future healthcare leaders and advancing medical innovation.

### **EDITORIAL TEAM**

 PUBLISHER
 : Dr. Kirti M. Patel (Director)

 EDITOR
 : Neha Panchal (Business Development)

Public Charitable Trust Registered No. F.170. All donations are exempted from Income Tax Act U/S 35)(i)(ii)- 100%,80 GGA - 100% & 80(G)-50%. Donations in foreign currencies are accepted and approved vide Reg. No.: 041910257 Dated: 22-03-200

06

PATIE

& QUALITY OR CARE

ACCREDITE

### Journey Towards the Red Seal of Quality Care

The NABH surveillance assessment conducted at GCS Hospital in March 2024 Leadership commitment, patient safety measures, and clinical protocols were commendable, reflecting adherence to NABH standards. However, opportunities for improvement were identified, particularly in documentation practices, patient feedback mechanisms, and continual quality enhancement.

### 2024

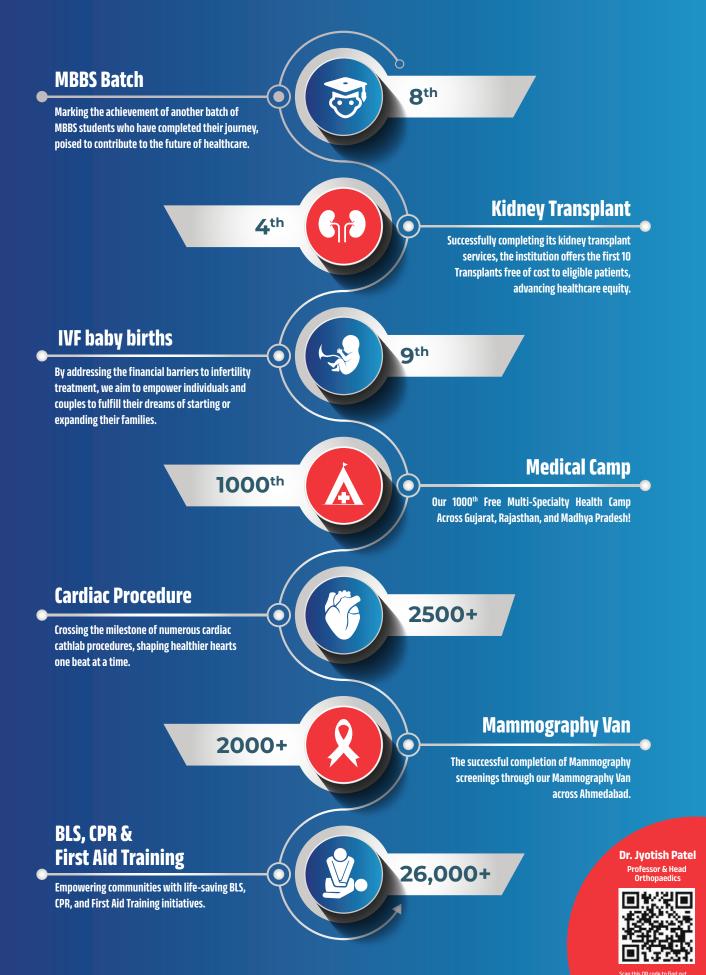
The NABH surveillance assessment conducted at GCS Hospital in March reaffirmed the institution's dedication to high-quality healthcare delivery.

# 2022

GCS Hospital Gets Accredited By NABH. 1<sup>st</sup> Medical College In Ahmedaabd With 1000 Bed Multi-speciality Hospital To Get Nabh Accreditation.

Take care of your body. It's the only place you have to live. — Jim Rohn

# **GCS Milestone Achievement**



his preferred Holiday Destination

# <sup>8</sup> Newbies on Board



#### Dr. Sanket Desai

MBBS, M.S. (General Surgery), M.Ch. (Surgical Oncology).

Consultant - General Surgery, Surgical Oncology

Experienced Consultant in Surgical Oncology specializing in breast, gastrointestinal, thoracic, head and neck, melanoma/sarcoma, and gynecologic oncology procedures. Extensive expertise in various surgical interventions including mastectomy, colectomy, lobectomy, neck dissection, excisions, and hysterectomy.



Dr. Ashok Desai MBBS, MS, M.Ch, FALS (Gold Medalist)

Consultant – Gastrosurgeon, Gl & HPB Oncosurgeon, Laparoscopic Surgeon

Experienced Consultant in Gastrointestinal and Hepatobiliary Pancreas Oncosurgery, Laparoscopic Surgery, and Endoscopy. Expert in minimally invasive techniques, accurate clinical judgment, and patient care. Proficient in Whipple's procedure, biliary surgery, liver resection, and advanced laparoscopy.



#### **Dr. Meet Raval** MBBS, MD Internal Medicine, DM Neurology

**Consultant Neurology** 

Experienced Consultant in Neurology with expertise in epilepsy, stroke, migraine, headaches, Alzheimer's disease, Parkinson's disease, dementia, and coma.



### Dr. Nidhi Jain

MD, DM (Clinical Hematology and Hemato Oncology)

Consultant - Hematologist & Hemato Oncologist & Bone Maroow Transplant

Experienced Consultant in Hematology, Hemato-oncology, and Bone Marrow Transplant with expertise in managing various hematological conditions including blood cancers, bleeding disorders, complex anemias, bone marrow failure, and thrombocytopenic disorders like ITP.



#### **Dr. Manohar Chari**

M.B.B.S, MD (Medicine), DM (Medical Oncology & Hematology)

**Consultant- Medical Oncologist** 

A seasoned medical expert specializing in chemotherapy, targeted therapy, and the latest advancements in immunotherapy.



### Dr. Nahush Tahiliani

M.B.B.S, MD (Medicine), DM (Medical Oncology & Hematology)

**Consultant- Medical Oncologist** 

A seasoned oncologist, specializes in the intricacies of chemotherapy, targeted therapy, and the forefront of immunotherapy advancements.



Dr. Aashka Bhatt General Surgery Assistant Professor



Dr. Hetalben Gauswami General Surgery Assistant Professor

The greatest wealth is health. - Virgil



Dr. Kinnari Thacker Pharmacology Assistant Professor

### **Top Picks: College Ranking**



# Final Year M.B.B.S. Top 5 Students (Dec-2023)



09

ofessor & Head

his preferred Book

# <sup>10</sup> Key Advancements : Laser Kranti



### **Thulium Laser**

RIRS with Thulium Laser: Minimally invasive kidney stone treatment with advanced technology. Over 100 successful procedures prioritize patient care and treatment excellence.

### **Proctology Laser**

Laser therapy for Piles, Fissure, and Fistula through our Proctology Laser Machine: Minimally invasive treatment with advanced technology. Over 100 procedures completed, prioritizing patient care and excellence.





### **Green Laser**

Diabetic Retinopathy Treatment with our Green Laser Machine: Preserving vision and preventing further damage. Over 100 procedures completed, prioritizing patient care.

### CO<sub>2</sub> Laser

Fractional CO<sub>2</sub> Laser Treatment: Prioritizing patient care with over 100 procedures completed.



# **Significant Recognitions**

### The Annual General Meeting of the

**Gujarat Cancer Society** was held on February 16, 2024, at our institute, graced by esteemed dignitaries including the respected Hon. Governorshri - Shri Acharya Devvratji, Executive Chairman & Vice President Shri Pankaj R. Patel, General Secretary Shri Kshitish Madanmohan, Vice President Dr. Pankaj M. Shah, Director Dr. Kirti Patel, COO Dr. Jagdish Khoyani, and Dean Dr. Yogendra Modi. The AGM serves as a cornerstone for organizational transparency and accountability, ensuring the effective governance and stewardship of the society's mission and objectives.





Heartiest congratulations to respected Shri Kshitish Madanmohan for being honored with the prestigious Seva Ratna Award!

This recognition is a testament to his unwavering commitment to serving others and making a positive impact in the community. Shri Madanmohan's dedication, compassion, and selflessness have undoubtedly left an indelible mark on countless lives, exemplifying the true spirit of Seva (service).



#### Dr. Kirti M. Patel, Director of GCSMCH & RC has been awarded the Lifetime Achievement Award by the Gujarat Medical Group.

This esteemed recognition celebrates his remarkable contributions to healthcare in Gujarat and beyond. Dr. Kirti Patel's visionary leadership and commitment to excellence have elevated GCS Hospital to a pinnacle of medical innovation, ensuring world-class healthcare services for countless patients.



Heartiest congratulations to esteemed Dr. Ramesh Pradhan, Professor and Head of Biochemistry, on his remarkable achievements and recognition within the medical community!

Dr. Pradhan's appointment as President of the Association of Medical Biochemists of India (AMBI) for the 2023-24 term is a testament to his outstanding leadership qualities and profound contributions to the field of biochemistry.

Dr. Nayan Patel Professor & Head Skin & VD



his preferred Holiday Destination



# Introducing refined Deluxe Wing on 8<sup>th</sup> Floor featuring Semi Deluxe & Deluxe rooms

Situated on the 8th floor, these state-of-the-art facilities offer a serene and comfortable environment, complete with all necessary amenities and personalized care services. From seamless check-in processes to nutritious meals and attentive nursing care, our goal is to ensure a smooth and pleasant experience for every patient.







### Semi - Deluxe Room



### **Deluxe Room**

The mind is everything. What you think you become. — Buddha



# Newly launched 16 bedded Intensive Care Unit (ICU) on 9<sup>th</sup> Floor

This significant enhancement in critical care infrastructure allows us to better meet the needs of our patients, ensuring timely and comprehensive care for those requiring intensive medical attention. With this expansion, we reaffirm our commitment to providing high-quality healthcare services and improving patient outcomes.











# <sup>14</sup> Clinical Conference Highlights



Dr. Baldev Prajapati, Professor and Head of Pediatrics, conducted two revision sessions for the Final MBBS Practical exam in anuary 2024 at AMA.

Dr. Rashesh Diwan, National Training Educator of IRCF, conducted a guest lecture on Resuscitation Science for interns at GCS, enhancing their expertise and highlighting our commitment to medical education.





Dr. Haresh Doshi, Professor and Head of Obstetrics and Gynecology, conducted two final MBBS practical revision lectures at AMA in January 2024.

The Pediatrics Department at GCS Medical College, Hospital & Research Centre conducted the prestigious clinical MRCPCH exam in February 2024.





The Radiology Department, in collaboration with IRIA Gujarat state, successfully conducted the second module of the 6th Certified Course in Foetal Radiology and Genetics (CCFRG), attended by over 60 delegates from across India. Six national faculties shared their expertise, enriching participants' knowledge.

Dr. Prarthana Kharod Patel, Professor of Pediatrics, showcased her expertise at a UNICEF Government of Gujarat event on developing guidelines for neonatal care, highlighting her dedication to enhancing early childhood development initiatives.



### **Academic Event Updates**



Dr. Haresh Doshi, Professor & Head of Obstetrics and Gynecology, delivered an insightful guest lecture on instrumental delivery at the NZYF FOGSI conference in Meerut, Uttar Pradesh.

Dr. Haresh Doshi, Head of Obstetrics and Gynecology, contributed significantly at AICOG 2024 in Hyderabad, participating in the ICOG Convocation and delivering a guest lecture on prolapse management.





Dr. Rosy Lekharu Pradhan, Professor of Biochemistry, achieved a significant milestone by completing her Advanced Course in Medical Education (ACME) during the ADVANCED MEU WORKSHOP-JAN 2024.

Dr. Vipul Chaudhary, Professor and Head of Pharmacology, played a key role at the Indian Society of Critical Care Medicine, Ahmedabad branch, by chairing a session and delivering a talk on the new drug "Dalbavancin."





Dr. Nayan Patel & Dr. Jigna Padhiyar spoke at the IADVL conference in Hyderabad, contributing to 12 new dermatology books, with Dr. Nayan Patel receiving an international scholarship for his groundbreaking research on ultra-low dose rituximab in autoimmune disorders.

Dr. Urvesh Shah, Professor and Head of Microbiology, contributed significantly to the Government of Gujarat's Antimicrobial Resistance (AMR) initiative by delivering talks on Antimicrobial Stewardship at GMC Bhavnagar and GMERS Gandhinagar.





# <sup>16</sup> Academic Event Updates



Dr. Haresh Doshi, Head of Obstetrics and Gynecology, conducted the 9th course on Basic USG, Color Doppler, and 3D/4D imaging, benefiting participants from Gujarat and Rajasthan.

Under the leadership of **Dr. Jyotish Patel**, Professor and Head of Orthopaedics, **our institute conducted and completed the DNB examination for 8 candidates,** ensuring a smooth and successful experience for all





Dr. Baldev Prajapati, serving as Examiner and Coordinator, led the Pediatrics Department to successfully conduct the DNB Examination for 8 candidates for the second consecutive year, supported by a dedicated team ensuring seamless execution.

Our faculty members participated in the "Advanced Course in Medical Education" at NHLMMC, MEU Nodal Centre in February 2024, enhancing their expertise in medical education.





An Innovative and Start-up Workshop took place, fostering entrepreneurship and innovation.

GCS MCH&RC, in collaboration with Rotary Club Sabarmati Ahmedabad, organized a Thalassemia testing camp at a nominal rate.





The Pharmacology Department organized a hands-on event on 'Management of Myocardial Infarction' for phase II MBBS students, guided by Dr. Akanksha Prajapati. Dr. Shyam Savaliya's interactive teaching boosted student engagement. Congratulations to Dr. Arpit Prajapati, Professor of Community Medicine, for successfully completing his PG Diploma in Medical Law, Policy, and Ethics from Gujarat National Law University (GNLU)

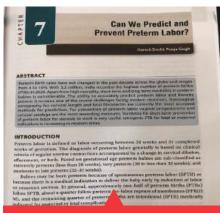




Dr. Heena Chhanwal, Medical Superintendent, was honored at the Gujarat State Women Doctors Conference held at AMA.

Congratulations to Dr. Neha Patel, Professor of Microbiology, **for successfully completing her PG Diploma in Medical Law, Policy, and Ethics from Gujarat National Law University (GNLU)** 





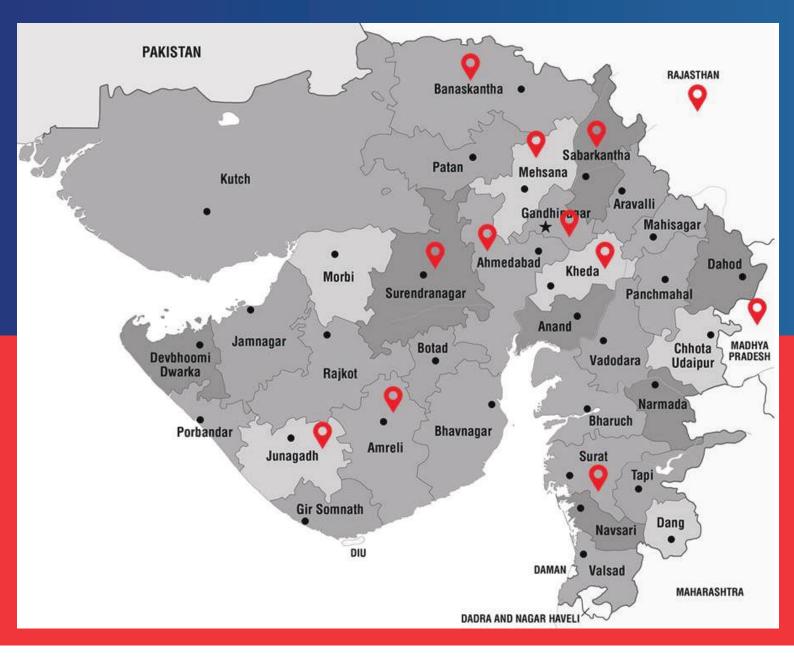
Dr. Haresh Doshi, Prof & HOD of OBGY, and Dr. Pooja Singh, Prof of OBGY, jointly wrote a chapter published in the Yearbook of ObGyn 2023. Dr. Aalok Shah - Asso. Prof. of Orthopaedics, Dr. Rupal Shah -Asso. Prof. of Pathology, and Dr. Aakanksha Prajapati - Asso. Prof. of Pharmacology, **received the Best Poster Presentation Prize in the SPARSH group of Dr. Aalok Shah.** 



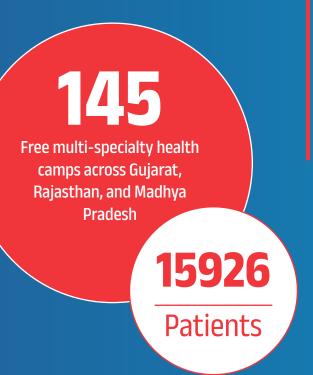


Scan this QR code to find out his preferred Holiday Destination

# <sup>18</sup> Health Camps and Outreach Programs





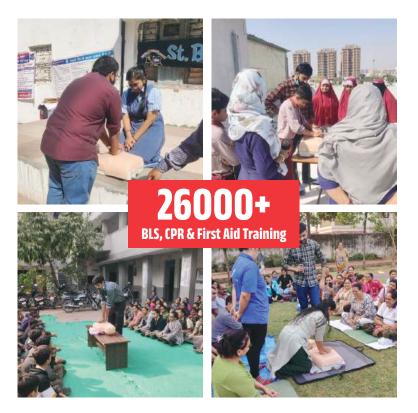


# Our series of free multi-specialty health camps across Gujarat, Rajasthan, and Madhya Pradesh!

These camps, held in various locations including Ahmedabad, Gandhinagar, Sabarkantha, Kheda, Banaskantha, Surat, Amreli, Surendra Nagar, Mahesana, and Junagadh, offer comprehensive medical services at no cost to attendees. Led by experienced healthcare professionals, each camp provides consultations, diagnostic tests, medications, and referrals across specialties such as general medicine, pediatrics, gynecology, ophthalmology, dermatology, and more. Join us in prioritizing community health and well-being at these accessible and inclusive events.



# <sup>20</sup> Health Camps and Outreach Programs



### We are conducting CPR training sessions in schools and Colleges to raise awareness about life-saving techniques.

These sessions aim to empower students and staff with essential skills in cardiopulmonary resuscitation (CPR), equipping them to respond effectively in emergency situations. By providing CPR training in educational institutions, we strive to foster a culture of preparedness and community resilience, ultimately enhancing public health and safety awareness.





# 2000+ Mammography

The successful completion of over 2000 paid mammography screenings through our Mammography Van across Ahmedabad.

The only way to do great work is to love what you do. - Steve Jobs

### **Insurance & TPA Tie-Ups**

# GCS Hospital Empanelled with Ayushman Bharat PMJAY Yojana for free treatment to beneficiaries.

We are pleased to announce our extensive list of tie-up partners for insurance and TPA services at GCS Hospital. Our partnerships ensure that patients receive seamless and hassle-free access to quality healthcare services. Our esteemed partners include:

# Insurance & TPA Tie-Up Partners

 PSU Companies : AB-PM-JAY (AYUSHMAN BHARAT) ESIC CGHS GUVNL WESTERN RAILWAYS GMDC (GUJARAT MINERAL DEVELOPMENT CORPORATION)

#### • **Private Corporates :** Dinesh Chandra Agrawal (Infracon PVT LIMITED) THE Anup Engneering Health Quarters Wellness Indian Overseas Bank Visit Health Wellness

 Insurance Companies : **New India Assurance** The Oriental Insurance Company National Insurance Company United India Insurance Company Star Health Insurance **SBI General Insurance Reliance General Insurance Go Digit Insurance IFFCO Tokio General Insurance ICICI Lombard General Insurance Future Generali General Insurance Bajaj Allianz General Insurance Cholamandalam MS General Insurance** Care Health Insurance (Formerly Religare Health) Aditya Birla Health Insurance Acko General Insurance **Tata AIG General Insurance Universal Sompo General Insurance** 

• TPAs:

Raksha Health Insurance TPA Pvt.Ltd. Paramount Health services (TPA) Pvt. Ltd. Medi Assist India Private Limited FHPL - Family Health Plan Insurance TPA Limited With these partnerships, we aim to ensure that all our patients receive the best possible care and support during their healthcare journey. For more information on insurance coverage and services, please contact our Insurance Desk.

> Dr. Haresh Doshi Professor & Head



his preferred Holiday Destination

### **Community Medicine RHTC Activity**

The Rural Health Training Center (RHTC) at Kanij and the Community Medicine Department at GCS Medical College in Ahmedabad independently conducted a range of health initiatives, benefiting over 2,000 individuals collectively. RHTC Kanij focused on camps and education sessions addressing HIV, immunization, cancer awareness, deworming, World TB Day, and tobacco's harms, while GCS Medical College held screenings, diagnostic camps, and educational events for World Kidney Day and World TB Day.



Health is not valued till sickness comes. — Thomas Fuller

# **Community Medicine UHTC Activity**

The Community Medicine Department at GCS Medical College in Ahmedabad organized various health initiatives at UHTC Sadvichar Naroda. These included screening and diagnostic camps, and health education sessions on cancers and other diseases, benefiting around 700 individuals. Highlights were educational events for World Kidney Day and World Tuberculosis Day, along with a follow-up visit for 2nd MBBS students under the Family Adoption Program.



# <sup>24</sup>Clinical Excellence

#### Severe Dorsal Spine Scoliosis - Dr . Jyotish Patel & Team



#### Case 1

A 21-year-old female with known scoliosis since the age of 12 presented with severe deformity and difficulty walking. She underwent surgery for dorsal spine scoliosis with convexity towards the right side, resulting in excellent functional outcome, improved walking ability, significant deformity correction, and increased height.



### Case 2

A 17-year-old female, a known case of scoliosis since 5 years, presented with severe deformity and inability to walk properly. She underwent surgery for dorsal spine scoliosis, and achieved an excellent functional outcome in terms of walking difficulty and deformity correction.

#### Arthroscopic ACL Reconstruction - Dr . Piyush Parikh & Team

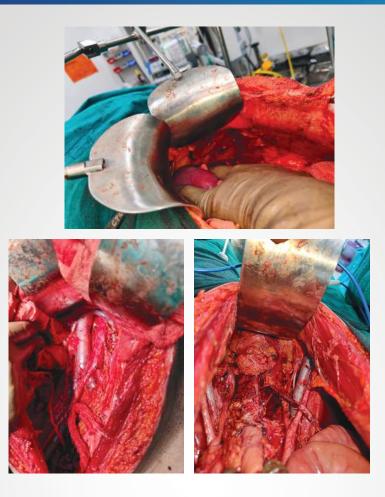


A 16-year-old sportsperson with a 6-month-old ACL tear underwent arthroscopic ACL reconstruction using a semitendinosus graft. The patient recovered well post-surgery and has since returned to sports activities.

Education is not preparation for life; education is life itself. – John Dewey

### **Clinical Excellence**

### Cytoreductive Surgery wit IP Chemotherapy for Advanced Cancer of Ovary - Dr . Zalak Kelawala



58-year-old female with a medical history of hypertension, presented with stage III ovarian cancer. (H/O vaginal hysterectomy before two years). After completing three cycles of

chemotherapy, she showed good disease response as seen in the CECT scan and decrease in CA-125 (tumor marker) levels.

### Surgery:

Exploratory laparotomy with bilateral salpingo-oophorectomy, along with

total parietal peritonectomy (including pouch of Douglas, bilateral diaphragmatic, and paracolic peritonectomy) with bilateral pelvic and retroperitoneal lymph node dissection. Intraperitoneal chemotherapy (cisplatin) was given for 90 minutes.

Postoperatively, the patient was kept on ventilator support for 12 hours. Oral intake started on postoperative day (POD) 3, and she was discharged on POD-7.

The postoperative period was uneventful.



his preferred **Ro** 



# GCSMCH & RC Sports League 2023: Uniting GCSians Through Athletics

The GCSMCH & RC Sports League 2023 was a dynamic showcase of athleticism and teamwork, uniting all Male and Female GCSians, including Hospital & College employees, Doctors, Faculties, Residents, and contractual staff. From thrilling matches of Cricket, Volleyball, Table Tennis, Carrom, Chess, to exhilarating bouts of Badminton, the event exemplified the spirit of camaraderie and competition. Coordinated under esteemed guidance, the league brought together members from various segments of our community, fostering connections and celebrating the vibrant diversity within GCS. As participants showcased their talents on the field and court, the Sports League proved to be a memorable testament to the collective strength and unity of our GCS family.















A calm mind brings inner strength and self-confidence. - Dalai Lama

# **Celebrations and Special Events**



Uttrayan Celebration with Brave Kids Battling Cancer at Community Oncology Centre, Vasna, with GCS Hospital Staff.

Together, we create moments of hope.

### International Women's Day 2024 was commemorated with immense enthusiasm and fervor

Under the guidance of Dr. Heena Chhanwal (MS), Ms. Sheetal Desai (CFO), and Dr. Asha Purohit (HOD, Pathology Dept), a celebration coordinated by Dr. Prarthana Kharod Patel showcased outstanding performances by various segments of our community. Participants included MBBS students, postgraduates, nursing students, students from the GCS Healthcare Academy, and faculty members from diverse departments. The event featured singing, instrumental renditions, dancing, sharing of real-life experiences, heartfelt poem recitations, and the captivating dance drama 'Suhani ki Kahani,' marking a celebration of women's achievements and empowerment.



her preferred Holiday Destination

### **GCS in News**

# ચામુંડા બ્રિજ પાસેની જીસીએસ હોસ્પિટલના તબીબો પણ હાજર રહ્યા અમેરિકાના ડોકટરોએ જન્મજાત ખૂંધની તકલીફ ધરાવતાં 6 બાળકની સર્જરી કરી

થાય છે. આ બીમારીથી પીડાતા 20 ટકા દર્દીમાં કરોડરજજ સાથે નસો ચોંટી જતી હોય છે. જેથી આ પ્રકારની જહેમતભરી સર્જરીમાં 5થી 10 કલાકનો સમય થતો હોય છે. કરોડરજ્જને સીધી કરવા માટે લાંબો કાપો મુકીને કરોડરજ્જુમાં એકથી વધુ જગ્યાએ સ્ક્રુ મુકીને ખુંધને સીધી કરવી પડે છે.



ज्ञदय रोग किडनी रोग, चर्म रोग गुप्त रोग के 30 वरिष्ठ चिकित्सकों ने

મોનિટરિંગના માર્ગદર્શન હેઠળ કરાય છે.

હોસ્પિટલ જીસીએસ ઓર્થોપેડિક વિભાગના 31. જ્યોતિષ પટેલ જણાવે છે કે. સ્કોલિયોસિસની સર્જરી છેલ્લાં ચાર વર્ષથી હોસ્પિટલમાં કરાય છે. તેમજ પાંચમા વર્ષે હોસ્પિટલમાં 6 બાળકોની નિશલ્ક સર્જરી કરાઇ છે. સ્કોલિયોસિસ જેને સામાન્ય ભાષામાં કરોડરજ્જુ એક તરફ વળી જવી કહેવાય છે. આ બીમારી બાળકમાં જન્મજાત ખોડને કારણે

#### હેલ્થ રિપોર્ટર અમદાવાદ

ચામંડા બ્રિજ ખાતે આવેલી જીસીએસ હોસ્પિટલમાં અમેરિકાની સિનસીનાટી ચિલ્ડન હોસ્પિટલ અને જીસીએસ હોસ્પિટલના ડોકટરોની ટીમ દ્રારા સ્ક્રોલિયોસિસ (પીઠમાં જન્મજાત ખંધ)ની બીમારીથી પીડાતા 6 બાળકોની નિશુલ્ક સર્જરી કરી છે. અત્યંત જટિલ એવી આ સર્જરીમાં કરોડરજ્જ સીધી કરવાથી હોવાથી સર્જરી 5થી 10 કલાક ચાલતી હોય છે અને ન્યુરો

Г

આ ચુવાન પોતે સ્ક્તદાન મેળવે તો તેણે " બ્લક

ગ્રૂપનું રક્ત મેળવવું પડે અને જો તે રક્તદાન કરે

તો તેનું રક્ત કોઈ 'છ'

બ્લક ગ્રૂપની આવશ્યકતા

ધરાવતા વ્યક્તિને

આપી શકાય

ગુજરાત કાર્શમ ભુલેરીન, અમદાવાદ

અમદાવાદનાં બ્લડ સેન્ટર ખાતેની

એક ઘટનામાં દુર્લભ બ્લડ ગ્રૂપની

અને તેના લોહીનું પરીક્ષણ કરવામાં

પરંતુ આ યુવકના બ્લડ ગ્રૂપની

-

હોસ્પિટલ,

જીસીએસ

મળી હતી.

આવતું હોય છે.



संत्यनारायण हाड ने शिविर का अवलोकन किया। जिविर में रोगियों को निशुल्क दवाइयाँ भी दी गई। जिविर में बीधी, डायबिटीज, एक्स-रे य ईसीजी 750 रोटि निराल्क जांच की। कैला-की ओर से नर्सिंग स्टाफ कराया गया। शिविर में रमेश राउँ मुठील भरोटीया, प्रदीप बल्दव भदादा. जानेट. राती ,रामकित्तन सोनी, सत्यनारायण थंत्री, राजेंद्र पोरवाल, प्रमोद डाड, अजय लांहिया, केलाज काबरा, राकेज काबरा, राकेज बाहेती समेत बड़ी संख्या में समाजजन मौजूद थे।



सीमा कवोलिया, चेचाणी. पत्राण, राजद्र जावालवा, बतायाका कारावर म करल, राज का सरफराज मंसुरी मंचासेन थे। हड्डी ज्वाइंट रिप्लेसमेट, पेट रोग, संमिनार में डी. विपुल प्रजापति ने बुदेय रोग किंडनी रोग, चर्म रोग पुरत राजेद

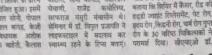
ाया। चिकित्सको में 1760 रोगियों के परापर्स दिया। शिविर के प्रारम

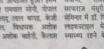
showing.

मोक प्राधनक स्कृत जेवक रोव विद्यालक मल्टी स्वेशलिटी

परामले जितिह लगाय

मे संसमार आयोजित हुआ। इसमें डडोगपति रामपाल सोनी, गोपाल राती, लामू लाल बांगह, केनी





तोधनीवाल, विधायक अशोक कोठारी, अशोक बाहेती, केलाश



નિકોલની સુકેતુ રેસિડેન્સીમાં પહેલ ફાઉન્ડેશન, ભારત વિકાસ પરિષદ અને જીસીએસ હોસ્પિટલના સંયુક્ત ઉપક્રમે કેન્સર જાગૃતિ કેમ્પ યોજાયો હતો. જેમાં ૨૭ મહિલાઓએ ભાગ લઈ પેપ ટેસ્ટ અને મેમોગ્રાકી કરાવ્યા હતા.

### જીસીએસ હોસ્પિટલ, અમદાવાદનાં બ્લડ સેન્ટર ખાતે દુર્લભ બ્લંડ ગ્રૂપની ઓળખ થઈ



જીસીએસ હોસ્પિટલ એ દ્રછમ્ૐ

ઇન્ફાસ્ટ્રકચર અને સુવિધાઓ તેમજ

યોતે રક્તદાન મેળવે તો તેલે \* બ્લડ ૨૫ વર્ષીય યુવાને ડોનર ગ્રૂપનું રક્ત મેળવવું પડે અને જો તે રક્તદાન કરે તો તેનું રક્ત કોઈ 'છ' બ્લડ ગ્રૂપની આવશ્યકતા ધરાવતા આ પ્રકારે બ્લડ ગ્રાપમાં

ગ્રામ/ડીએલ હતું. તેના બ્લડ ગ્રૂપમાં આપવામાં અને મેળવવામાં બંને સામાન્ય રીતે કોઈપણ વ્યક્તિનું વિસંગતતા (નબળા છ<sup>4</sup> પેટા જૂથો) પ્રક્રિયામાં સાવધાની રાખવાની જરૂર બ્લાડ ગ્રૂપ રક્તદાન કરવામાં અને જો નિયમિત બ્લાડ ગ્રૂપ પરીક્ષણ પણા પડતી હોય છે. એ વ્યક્તિને ખુદને લોહીની જરૂર દરમિયાન નોધવામાં આવી હતી, જીવીએસ હોસ્પિટલ એ દઇમ્લ્ૐ હોય તો એ વ્યક્તિના બ્લડ ગ્રૂપ જેમાં સેલ ગ્રૂપિંગમાં \* ગ્રૂપ અને સ્વીકૃત ૭૫૦-બેડની હોસ્પિટલ છે. મુજબ જ લોહી લેવામાં કે આપવામાં સીરમ સુપિંગમાં 'છ' ગ્રૂપ શ્રેષ્ઠ તબીબી કુશળતા, અલ્ટ્રા-મોડર્ન દર્શાવતું હતું.

તપાસ કરવામાં આવી ત્યારે એડસોપ્ર્શન-ઈલ્યુઝન પરીક્ષણઅને જીસીએસ હોસ્પિટલ આજે સમાજના પરીક્ષણમાં જાણાવા મળ્યું હતું કે યુવક લાળ (સલાઈવા)ના પરીક્ષણ તમામ પ્રકારના લોકોને નજીવા દરે જો પોતે લોહી મેળવે તો <sup>14</sup> બ્લાડ કરવામાં આવ્યા હતા. જેના પછી નિદાનથી લઇ સારવાર આપવા

વરીકે રક્તદાન કરતા પરીક્ષણમાં થયો ખુલાસો ઓળખ થઈ છે. વાસ્તવમાં, ૨૫ યુવક લોહી કોઈને આપે તો તે કોઈ વ્યક્તિને આપી શકાય છે. વર્ષીય એક યુવાને હેનર તરીકે આ 'છ' બ્લડ ગ્રૂપની આવશ્યકતા બ્લડ સેન્ટરની મુલાકાત લીધી હતી ધરાવતા વ્યક્તિને આપી શકે. વિસંગતતા ભાગ્યે જ જોવા મળતી યુવકના ૨ક્તમાં હોય છે. આ સ્થિતિમાં આ પ્રકારે RHL આવતા દુર્લભ બ્લંડ ગ્રૂપની જાાણા રી હિમોગ્લો બિનનું સ્તર ૧૫.૩ બ્લાડ ગ્રૂપ ધરાવતા વ્યક્તિએ લોહી

આ વિસંગતતા જોવા મળ્યા પછી સમાજ સેવાના ઉદેશ સાથે, ગ્રૂપનું લોહી મેળવવું પડે અને જો એ જાણવા મળ્યું હતું કે આ યુવાન જો \_ કાર્યરત છે.

### **GCS in News**





નિકોલમાં ગોપાલ ચોક પાસે આવેલ પ્રતીક સોસાયટીમાં પહેલ ફ્રાઉન્ડેશન અને જીસીએસ હોસ્પિટલના સંયુક્ત ઉપક્રમે કેન્સર જાગૃતિ કેમ્પ યોજાયો હતો. જેમાં ૨૭ મહિલાઓએ ભાગ લઈ મેમોગ્રાફી અને પેપ ટેસ્ટ કરાવ્યા હતા.



**भीलवाड़ा जिला** 12-02-2024

#### भीलवाड़ा • शाहपुरा

### 30 डॉक्टरों ने 1760 रोगियों को परामर्श दिया 750 मरीजों की निशुल्क जांचें की, दवाइयां दी

पंतमना श्रीपंचार राठी पीटिक्सर ट्राट. निज्ञ माहेदगी राज पूर्व नरिवेष्टा विजिद्धन ट्राट. निज्ञ माहेदगी राज पूर्वन विज्ञास्त करना हो। विकिस्स ने नार्वन्त विज्ञास्त करान्द्र कि अंति विकिस्स ने नार्वन्त विज्ञास्त करान्द्र कि अंति विकिस्स ने नार्वन्त विज्ञास्त करान्द्र कि अंति विकिस्स ने नार्वन्त करान्द्र के अंति क्षित्र करान्द्र प्राप्तर छटे. त्युहाल भंगदे, जीते विक्सिस तरान्त्र मार्वेट, संगीलन जमने, नाज भरतीस्त, का अंत्र भंगट, संगीलन जमने, नाज भरतीस्त, का अंत्र भंगटा, संगीलन प्रेस करा को करिया कि क्षेत्र भंग्रा की प्रभावित्र में बद्धा कि क्षेत्र करान्त्र नार्वाट, स्वीतिस ये विक्स के क्षेत्र निर्म तिस्स तार्वे स्वीत्र भाषति ये क्षित्र कर्वन्ता सार्वन्त करान्त्र नार्वा स्वीत्र में स्वात विद्वा विवित्र क स्वेस्प्रकों स्वाता कि सिंह ये विक्स के क्षेत्र निर्म तिस्त हात्र सी त्युहन्त कर्वन्त दिया विवित्र क स्वेस्प्रको प्रतान के नार्वन्त्र में स्वाता करां क्षित्र के क्षेत्र निर्म सिंहा से नित्र स्वातन के स्वात क्षेत्र का क्षेत्र प्रतान का नार्वन्त्र के क्षेत्र का क्षेत्र प्रतान का नार्वन्त्र के क्षेत्र ना क्षेत्र के क्षत्र ने क्षति के अल्या स्वात्र सिंहम में अदा कि सिंह क्षात्र के क्षत्रने प्रक् प्रतानक ना स्वात्र से स्वात्र का क्षेत्र के क्षतने प्र क्षेत्र उठ संतित्र से सेता ठार्ट, स्वानिक के क्षतने प्र क्षेत्र ना क्षति अंत्र प्रतान के सार्वनि के क्षात्र के क्षित्र के क्षतने प्रक्ति के क्षतने प्र तिका से से कि त्राव्य स्वात्र कि स्वात्र के क्षतने प्र केला नार्वन्ता के क्षात्र तिका से के सिंह स्वात्र क्षात्र क्षात्र के स्वात्र के क्षात्र के क्षात्र ते केला तीवना से ती से सेता ठार्ट, स्वानिक स्वात्र के स्वात् सेते के स्वात्र तीवना से सी से स्वात्र करी स्वात्र स्वात्र स्वात्र के क्षात्र से क्षेत्र सार्वन स्वात्र के क्षात्र ते के सार्वन सिक्स के क्षात्र के क्षात्र सीते के त्रात्र से क्रात्स सारे के स्वात्य स्वात्य के क्षात्र सीत्र के सार्वन स्वात् के क्षात्र के क्षात्य सार्वन सार्वन के क्षात्र के क्षात्र सीत्र के सार्वन सारे के क्षात्र के क्षात्र के क्षात्य सीत्र के सार्वन सार्वन्त के क्षात्र के क्षात्र सीत्र के सार्वन सार्वन के क्षात्र के क्षात्त सीत्र के ती सीत्र के क्षात्य सीत्र के सार्वन सीत्र के लात्त के क्षात्य सीत्र



धम चिकित्सासमिंगे ने चिकित्सा लांच कर उन्हें लिए पायक दिया। शिक्षर में निस्तुक्त रुप्त गरेग, एग चौरी, इसेंग्रे, तेन साच च जाय नाले की तीव गई। मैनेतर कारत बाबू चिपाल, प्रायंत्र प्रदर प्रदर स्टेनी का सार्वेग सा। हिसिर में कोन ही, 200 गींगों ने पंजीमत तर स्वारम्य ताम मी, लिला। शिविर का स्वारम में सिंहल कोनेजा। या के डिपोल्स दो अपना प्रोर में का।

भौलवाड्य, संमध्यर, १२प्रस्वरी, २०२४ | १८



પાકા રંગોથી દૂર રહેજો



રંગાંથી રમતા પહેલા રાખો આટલી કાળજી: જા જો ઘૂળેટીના સ્કિન ન બગાડે, પાર્ટીપ્લોટમાં જતા સમયે આ વસ્તુઓથી રહેળ રોગના નિષ્ણાંત



Professor & Head

#### his preferred **Holiday Destination**

### ઈન્ડિયા કોલોની ખાતે સ્ત્રી કેન્સર જનજાગૃતિ કેમ્પ યોજાયો



અમદાવાદ । પહેલ ફાઉન્ડેશન અમદાવાદ અને ભારત વિકાસ પરિષદ બાપુનગર દારા જીએસ હોસ્પિટલના સહયોગથી ઈન્ડિયા કોલોની ખાતે સ્ત્રી કેન્સર જન જાગૃતિ કેમ્પનું આયોજન કરવામાં આવ્યા હતું. મોટી સંખ્યામાં બહેનોએ લાભ લીધો હતો.

# નિકોલની સોસાયટીમાં બોડી ચેકઅપ કેમ્પ યોજાયો



અમદાવાદ । નિકોલની મુક્તિધામ સોસાયટીમાં પહેલ ફાઉન્ડેશન અને જીસીએસ હોસ્પિટલના સહયોગથી બોડી ચેકઅપ કેમ્પ યોજાયો હતો. જેમાં ૪૧ સભ્યોએ લાભ લીધો હતો.



નિકોલમાં દેવસ્ય સ્ટેટસ ફ્લેટ્સ ખાતે પહેલ ફાઉન્ડેશન, ભારત વિકાસ પરિષદ અને જીસીએસ હોસ્પિટલના સહયોગથી કેન્સર જાગૃતિ કેમ્પ યોજાયો હતો. વિસ્તારના ૨૫ મહિલાઓએ પેપ ટેસ્ટ અને મેમોગ્રાફી કરાવી કેમ્પનો લાભ લીધો હતો.



**ઉત્તરાયણ પર્વની ઉજવણી:** ગુજરાત કેન્સર સોસાયટી દ્વારા કેન્સર પીડિત બાળકોએ ઉત્તરાયણ પર્વની મજા માણી

### **Graduation Ceremony**

The graduation ceremony for B.Sc. Nursing and G.N.M. students was held with Dr. Pragnaben Dabhi, Registrar of the Gujarat Nursing Council, as Chief Guest and Shri Kshitish Madanmohan, General Secretary of GCS, as Guest of Honor. Also present were Dr. Kirti M. Patel, Director; Dr. Jagdish Khoyani, COO; Dr. Yogendra Modi, Dean; Dr. Heena Chhanwal, Medical Superintendent; Dr. Bhandaru Sridhar, Additional Medical Superintendent; Ms. Sonal Prajapati, Nursing Superintendent; and faculty members from various departments. Dr. Yogendra Modi delivered a blessing speech, and Jayesh Jain, Principal of the Nursing School, gave the welcome speech, while students were honored during the event.



### A Ceremony of Light and Commitment

The oath and candle lighting ceremony for G.N.M. and B.Sc. Nursing students was organized with Chief Guest Shri Kshitish Madanmohan, General Secretary of GCS, in attendance. Shri Kaushik Patel, Hon. Secretary; Shri Bipinbhai Shah, Hon. Treasurer; Dr. Kirti M. Patel, Director; Dr. Jagdish Khoyani, COO; Dr. Yogendra Modi, Dean of GCSMCH; and faculty members from various departments also graced the occasion. Dr. Yogendra Modi gave a blessing speech, and Jayesh Jain, Principal of the Nursing School, delivered the welcome speech. One hundred students took the oath, and students performed cultural activities such as dance, singing, mimicry, mimes, and acts.



GCS Nursing School & College offers programs in BSc Nursing, GNM, Post Basic Diploma in Critical Care Nursing, and Post Basic Diploma in Operation Room Nursing. The institution is affiliated with the Government of Gujarat, Indian Nursing Council, Gujarat Nursing Council, and Gujarat University.

# **GCRI Highlights**



The Gujarat Cancer and Research Institute has received "Institutional Recognition Award" for developing palliative care at low middle-income country by International Association of Hospice and Palliative Care (IAHPC).



Dr. Varsha Gandhi, a Professor at MD Anderson Cancer Center, was honored with the Shri Ramniklal J. Kinarivala Cancer Research Award during the Hospital Week Celebration.



GCRI organized an Induction & Welcome program for first year residents, featuring addresses by Dr. Shashank J Pandya and presentations on medical roles and services.



GCRI and CanKids NGO celebrated International Childhood Cancer Day, highlighting early diagnosis and treatment for children with cancer. Dr. Shashank J Pandya and Dr. Priti Sanghavi attended, distributing gifts to children and caregivers.



At the Vibrant Gujarat Summit 2024, GCRI's stall highlighted cancer awareness, emphasizing prevention, treatment, and support. Through interactive discussions and informative displays, we promoted collective efforts in combating cancer for a healthier Gujarat.



GCRI, with support from the Lions Club, **provided Quadrivalent HPV vaccines to 36 girls at a Deaf and Dumb school in Ahmedabad,** protecting them from cervical cancer and promoting health awareness in underserved communities.



# **GCRI Highlights**

32



The Department of Oncopathology at GC&RI **hosted a 'National CME on Neuropathology' with the Neuropathology Society of India,** featuring a Next Generation Sequencing workshop.



GCRI marked International Women's Day with a week-long cancer screening program, while also saluting extraordinary women blood donors.



The Gujarat Cancer & Research Institute hosted the 31st International Conference of the Indian Association of Palliative Care, with 472 delegates worldwide, 158 faculties, and six pre-conference workshops covering various aspects of palliative care.



As part of IAPCON 2024, GCRI's Palliative Medicine department and Sanjeevani organized a 2.5 km walk at Sabarmati Riverfront, joined by delegates and over 1500 participants, promoting awareness for palliative care.



At the Vibrant Gujarat Summit 2024, GCRI's stall highlighted cancer awareness, emphasizing prevention, treatment, and support. Through interactive discussions and informative displays, we promoted collective efforts in combating cancer for a healthier Gujarat.



The inaugural MCh batch in Gynaecological Oncology at **GCRI** achieved a 100% pass rate, with all students scoring above 70%.

### **GCRI Achievements**



GCRI marked International Women's Day with a talk on cybercrime prevention by Ms. Shalini Rai and a week-long cancer screening program for breast and cervical cancer.



Dr. Rekha Solanki, Associate Professor in Anaesthesiology, organized an Advanced Airway Skill Workshop hosted by ISA, Ahmedabad, and earned an A+ Excellence certificate for her peer review contributions to the Indian Journal of Clinical Anaesthesia.



GCRI and the Ahmedabad Medical Association organized lectures for nurses in Ahmedabad to promote cervical cancer awareness and early detection, enhancing community health through professional collaboration.



Shining Stars of GCRI: Residents and Fellows Dazzle with Paper & Poster Presentations!

Dr. Ashika Padilal Dr. Savan Kukadia Dr. Ajinkya Pawar Dr. Henisha Tahiliani Dr. Samrat Bordoloi Dr. Sabarish Krishnan Dr. Vinamrata Soni Dr. T. Rama Devi Dr. Sayantan De Dr. Udaya S. Dr. Kumar S Dr. Saurabh Goswami

> Dr. Hemaxi Desai Professor & Head



# <sup>34</sup> Community Oncology Centre



102 Anganwadi sisters visited the Cancer Exhibition



Laughter therapy sessions organized for hospice and Parkinson's patients.

Health check-up organized with the assistance of Six Village Patidar Mandal and Community Oncology Centre.



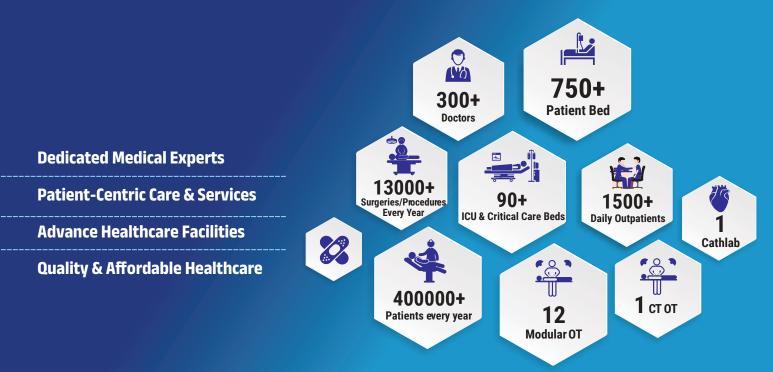
Uniting to Close the Care Gap: Celebrating World Cancer Day with Community Oncology Center & Navkar Institute of Nursing

The greatest medicine of all is to teach people how not to need it. — Hippocrates, Ancient Greek Physician

### **Puzzle Challenge: Count the Squares & Decode the Secret Message**

			Aany S Jares can you find in	and the second sec	S Vour Answer :		P			
6				25						
AF							i P P			
	N.S.	Decode	the se	cret r	nessag	e.	<b>\$</b> 6			
Rig		age is written in symbol of means. Write the let		ol and you can rea	ad the secret messa	age.	25			
\[] \[] \[] \[] \[] \[] \[] \[] \[] \[]										
	Code Key:									
	a b □ ◇ △ n o □ □ ♡	$ \begin{array}{ccc} \mathbf{d} & \mathbf{e} \\  & \square & \bigcirc \\ \mathbf{p} & \mathbf{q} & \mathbf{r} \\  & \nabla & \nabla & \bigcirc \\ \end{array} $	f g ▷ ∖ s t □ □	h i ⊠ ⊠ u v ⊠ ∐	j k ▽ ℤ ₩ △	$ \begin{matrix} \mathbf{I} & \mathbf{m} \\ \mathbf{D} & \mathbf{\Delta} \\ \mathbf{y} & \mathbf{z} \\ \mathbf{D} & \mathbf{D} \end{matrix} $				

Submit your answers before July 15, 2024, on WhatsApp to +91 99798 49537 in this format: 1. Your Name 2. Department 3. Contact Number. **Lucky winners will be awarded!** 



#### **GENERAL SPECIALITIES:**

- Anesthesia & Critical Care
- Dentistry
- Dermatology (Skin & V.D.)
- Emergency Medicine
- Ear, Nose & Throat (ENT)

#### **SUPER SPECIALITIES:**

- Cardiology
- Cardiothoracic & Vascular Surgery
- Endocrinology
- Gastroenterology
- Gastrointestinal Surgery
- Interventional Radiology
- Medical & Surgical Oncology

#### **CLINICAL SERVICES**

- Intensive Care Unit PICU NICU, ICCU, SICU
- Endoscopy

#### **24X7 SERVICES**

- Emergency
- Ambulance

- General Medicine
- General Surgery
- Gynaecology & Obstetrics
- Maxillo-Facial Surgery
- Ophthalmology
- Nephrology & Kidney Transplant
- Neurology & Neuro Surgery
- Ortho-Dentistry
- Ortho-Onco Dentistry
- Paediatric Dentistry
- Paediatric Neurology
- Paediatric Surgery
- Dialysis
- Cathlab
- Physiotherapy
- Radiology Services
- Laboratory Services

- Orthopaedics & Joint Replacement
- Paediatrics
- Psychiatry
- TB & Respiratory Diseases
- Rheumatology
- Spine Surgery
- Urology
- Plastic, Cosmetic & Reconstructive Surgery
- Dietetics
- Health Check-up
- IVF
- Blood Centre
- Indoor Pharmacy

Empanelled with **Ayushman Bharat PM-JAY Yojana** for **Free treatment** to beneficiaries. Empanelled with all leading Insurance - TPA Companies for **Cashless / Mediclaim** Facility.



### GCS Medical College Hospital & Research Centre

Opp. D.R.M. Office, Near Chamunda Bridge, Naroda Road, Ahmedabad - 380025



🕞 in У

0

+91 79 6604 8000

info@gcsmc.org