

GCSMCH News Letter

Issue: 22

January - March 2018

Congratulations to 2nd batch of MBBS Students!



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EDITOR'S DESK

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Dr. Kirti M. Patel (Dean)

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Neha Lal (Sr. General Manager - Operations & HR)

We hear your feedback at communications@gcsmc.org

Padma Shri Award to Dr. Pankaj Shah

Dr. Pankaj Shah was awarded with 'Padma Shri' citation - one of the highest civilian Awards of India on 26th January 2018, for his distinguished service in the field of Medicine (Oncology). This award was conferred by the **President of India - Shri Ram Nath Kovind** at ceremonial functions which were held on at Rashtrapati Bhawan on 2nd April 2018.



All Donations are exempted from Income Tax u/s 35(1)(ii)(150%) & 80G(50%). Donations in Foreign Currencies accepted; approval vide Reg. No.: 041910257 dated 22-03-2001.

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From Chief Editor's Desk

Dear Readers,

It gives me immense pleasure to present the 22nd issue of GCSMCH Newsletter. I hope this newsletter finds everyone well and ready to take on Summer!



I heartily congratulate Dr. Pankaj Shah for receiving Padma Shri award for his huge contribution and dedication towards Medical Oncology. A proud moment for GCS!

The first quarter of 2018 saw a number of activities and it is also heartening to see the spontaneous response and attendance in all various awareness activities including Women's Day, World Kidney Day and World Cancer Day.

We continually work to fill gaps in services and demonstrating our commitment to quality care. Various comprehensive training revolving around Quality and NABH has become regular to achieve yet better outcomes and at most services. All GCSians have actively involved themselves for this journey with complete dedication and passion. You will also find interesting case studies from our Clinical team.

Our bright students of GCSMC have secured top ranking in Gujarat University Examinations and made us all proud. Huge congratulations to all students!

We hope you enjoy reading this issue! And if you have any ideas, suggestions or feedback, we can't wait to hear it!

A handwritten signature in black ink, appearing to be 'Neha Lal'.

Neha Lal
Chief Editor

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SIGNIFICANT UPDATES

Graduation Ceremony of 2nd Batch of MBBS

The graduation ceremony for the second batch of MBBS students was held in a glittering function on 2nd March 2018 at the Sardar Patel Memorial Auditorium, Shahibaug. **Shri Vijaybhai Rupani (Hon. Chief Minister)** graced the occasion as Chief Guest. **Shri Punamchand Parmar, Addl. Chief Secy. Health & F.W** was the Guest of Honour. All the trustees, faculties and staff of GCSMCH marked their present, so were the graduating students and their proud parents and juniors. The program began with the welcome address of all dignitaries by **Dr. Kirti Patel (Dean)**. **Shri Pankaj Patel (Chairman - Zydus Cadila)** also gave their message to the students and the audience. Thereafter, amidst continuous claps of appreciation, the students collected their certificate from the dignitaries on the dais.



We express our deepest thanks to **Shri Devanshubhai Gandhi (Vadilal Industries)** for providing complimentary ice cream to the students, their parents, invited dignitaries and guests on the occasion of Graduation Ceremony of the Second batch of MBBS students on 15th March 2018.

Pharmacy Inauguration at 7th Floor

Pharmacy store was inaugurated at GCS Hospital on 7th Floor on 23rd January 2018. Indoor Pharmacy Store will fasten the medicine delivery and distribution process and benefits the patients.



Quality Corner

We as health care workers are taught to put the patients' safety before our own, but care giver's safety is as important. Poor work practices in the Operation Room can danger both staff and patients, and the improper use of sharp instruments is a prime example. Sterile sharps are an injury threat, but once contaminated with blood or bodily fluids, they may be a health threat as well. So during the last few months we have started dedicated training for the awareness among staff related 1) Prevention of needle stick injury. 2) Spillage management.

Training is the vital part and in last month we have conducted training for nursing staff and housekeeping staff related to needle stick injury & spillage management. In training received good participation nearing 1000 pulse. All training are evaluated and re-training is done based on the evaluation.

Employee Rights

- No discrimination among employees
- All are provided equal opportunity policy
- To have harassment free & safe working environment
- To have protection from any injury or damage
- To file grievance against misconduct
- To have yearly performance evaluation

Blood Spill Management

(Minor Spill <30 ml, Major Spill >30 ml)

- Cover the spillage area with
- Pour 1 % Sodium hypochlorite solution over it
- Wait for 20 min.
- Wipe the area by absorbent with gloved hand & discard it in yellow bag
- Followed by routine cleaning with detergent & water

STEPS AFTER NEEDLE STICK INJURY

- Wash under running water
- Allow maximum bleed (don't squeeze)
- Inform to *Infection Control Nurse*
- Report to Emergency for further treatment



Infinity 2018

The students of GCS Medical College took few days off from their academic schedule to successfully host "INFINITY" - the GCSMC fest. It began with the inauguration and **Dr. Kirti Patel (Dean)** declaring the event open on 6th March 2018. Over the next few days the competition got intense in events like **cricket, football, volleyball, table tennis, badminton, chess, carrom, Adfab, treasure hunt, Mr & Mrs Infinity, Quiz** etc. The evenings were fun-filled at the food stalls which gave way to the intense matches of football and volleyball under lights. The event ended on a high note with a cultural program showcasing the immense talents of our students. The organising batch of students really need to be lauded for their efforts in co-ordinating the event.



PATIENTS' TESTIMONIALS

Mitesh Vanzara reviewed GCS Medical College, Hospital & Research Centre — 5★
December 9, 2013

Recently I pass through all other big commercial hospitals, HCG, SAL, Shalby sterling, but never found such good patient friendly and patient's family friendly atmosphere what I found in GCSMC. it's one of the best hospital facility in Ahmedabad its heaving good medical team good nursing team, good support operational admin team. With adequate parking facility, and night staying facility relatives of patient, what we are seeing at other location relatives are seating road side in day or night , We again precise team GCSMC for their efforts .gov

Apollo Noni reviewed GCS Medical College, Hospital & Research Centre — 5★
December 18, 2014

Excellent Health Tips everyday... This thing will help people to know / check their health and to change their daily habits...
Best of Luck for your Daily Efforts to create awareness of health of people...

Kavya Sanjay Jamtani reviewed GCS Medical Research Centre — 5★
November 15, 2017

I would give them 100/100 for all the... is a grt cordination and cooperation. Apart from are also very gud. I had a very good experience if my enemies. Also they serve good quality for payment is also superb.

Bharat Desh Vashi reviewed GCS Medical College, Hospital & Research Centre — 5★
September 8, 2014

हम गरीबो लिए यह GCS हॉस्पिटल बहुत बड़ा उपहार है ! और यहां सेवा भी सुपर है ! यहां काम करने वाले कर्मचारी भी गरीब दर्दीओ के साथ अच्छा बात चीत करते ! यहां इलाज भी बहुत अच्छे तरीके हमारे डॉक्टर साहब करते ! मे गरीब हु मेने जो अनुभव किया ! ओ यह की यहां का इलाज शारदा बेन और सिविल हॉस्पिटल अच्छा नहीं बहुत बहुत अच्छा इलाज होता है! मे यह कहना चाहता मे जो भी भारत के गरीब अमीर भाई वह लोग यहां से इलाज कराये ! उन सारे लोगो बहुत फायदा होगा !! जय हिन्द ! जय भारत !

Mehul Katakia reviewed GCS Medical College, Hospital & Research Centre — 5★
January 9

Again, it's very good experience of GCS and positive approach of Dr. Shashank staff members toward patients. Much t questions and doubts with his polite be

Vipul Parmar reviewed GCS Medical College, Hospital & Research Centre — 5★
July 6, 2014

The bestest hospital of this earth... Its always awesome.unforgettable. n most memorable experience to work here... G c s is the mother of hard work,dedication and the true success... Really feel proud and blessed to work here. N its also my privilege to be here...

Deep Katakia reviewed GCS Medical College, Hospital & Research Centre — 5★
October 18, 2017

I would like to give more then 5 stars for Medical team and as well to management team. Specially thanks to Dr Ronak, Dr Sonal and whole team of ward 3A. The way he treated my brother, really appreciated. My brother (Mehul Katakia) still in ward 3A and now out of danger just because of Dr Roank's treatment and suggestions. Again and again thankful to Dr Ronak & team for their behaviour and knowledge.

Sohan Jain Local Guide · 124 reviews · 58 photos
★★★★★ a year ago
Good staff with all modern facilities and equipments. Blessing for poor people. Almost all treatment medical facilities and check ups are free for RPI card holders.

vishal jayswal 2 reviews
★★★★★ 4 months ago
Ahmedabad no.1_hospital, a facilities are available in hospital like a 5star rating hospital.managen are very good.and no costly hospital .emri facilities are also available

GCS in NEWS

આજે કેલિકો મિલ જમાલપુર ખાતે મફત મેડિકલ કેમ્પ

નિર્માણ સેવા ટ્રસ્ટના સહયોગથી તા.૨૭-૨-૧૮ના રોજ સવારે ૯થી ૧૬ દરમ્યાન જમાલપુર શાક માર્કેટની સામે કેલિકો મિલમાં મફત મેડિકલ કેમ્પનું આયોજન કરવામાં આવ્યું છે. આ કેમ્પમાં નિષ્ણાત ડોક્ટરો દ્વારા મફત તપાસ કરી દવાઓ પણ મફત આપવામાં આવશે. કેમ્પમાં જનરલ મેડિસીન, હાડકાના રોગો, બાળકોના રોગો, ડાયાબીટીસ, આંખના રોગો તેમજ ચામડીના રોગોના નિષ્ણાત તબીબો દ્વારા તપાસ કરવામાં આવશે. આ સાથે આંખના નંબર પણ મફત તપાસ કરી રાહત દરે નંબરના ચશ્મા આપવામાં આવશે. કેમ્પ બાદ જરૂરિયાતમંદ રોગીઓને જીસીએસ હોસ્પિટલમાં જરૂરી સારવાર મફત કરી આપવામાં આવશે.

સાત જિલ્લામાં PPP ધોરણે નવી મેડિકલ કોલેજો શરૂ કરાશે : રૂપાણી

ગુજરાત સરકારે સાત જિલ્લામાં PPP ધોરણે નવી મેડિકલ કોલેજો શરૂ કરાશે. આ કોલેજોમાં સરકારી અને પ્રાઇવેટ સેક્ટરના સહયોગથી સારવાર આપવામાં આવશે. આ કોલેજોમાં સરકારી અને પ્રાઇવેટ સેક્ટરના સહયોગથી સારવાર આપવામાં આવશે. આ કોલેજોમાં સરકારી અને પ્રાઇવેટ સેક્ટરના સહયોગથી સારવાર આપવામાં આવશે.

પુમન્સ ડેના દિવસે હેલ્થ અપેરનેસ અંગે કાર્યક્રમ

અમદાવાદ : નરોડા વિસ્તારમાં આવેલી જીસીએસ હોસ્પિટલ ખાતે મહિલા દિવસ નિમિત્તે મેડિકલ અવેરનેસના કાર્યક્રમનું આયોજન મહિલાઓને ધ્યાનમાં રાખીને કરવામાં આવ્યું હતું. સાથોસાથ મહિલાઓએ તમામશક્તિમાં મેળવેલી સિદ્ધિઓને પણ ઉજવવામાં આવી હતી. મોટીસંખ્યામાં મહિલાઓ જોડાઈ હતી.

DB પેજ 4

બાળ દર્દીઓને પતંગનું વિતરણ

અમદાવાદ : અસારવા પુષ્કર્ણ દ્વારા અમદાવાદ ખાતે આવેલી GCS હોસ્પિટલના કેન્સર તેમજ બેલીસીમિયા રોગની સારવાર લેતા બાળ દર્દીઓને પતંગની કીટ તેમજ બિસ્કીટના પેકેટનું વિતરણ કરવામાં આવ્યું હતું. સંસ્થા દ્વારા સમાજસેવાની અનેક પ્રવૃત્તિઓ કરવામાં આવે છે.

કેન્સરગ્રસ્ત બાળકોએ પતંગ ઉડાવી વ્યસનમુક્તિનો સંદેશ આપ્યો

નવગુજરાત સમય > અમદાવાદ

૫ ગુજરાત કેન્સર સોસાયટી દ્વારા સંચાલિત વાસણા સ્થિત કમ્યુનિટી ઓન્કોલોજી સેન્ટર (સોસપીસ) ખાતે કેન્સરથી પીડાતા બાળકો અને મોટા દર્દીઓએ પતંગબોલસવ દ્વારા વ્યસનમુક્તિનો સંદેશ આપ્યો હતો. આ પ્રસંગે માર્યાભવ ચાકેરા શાહ સંચાલિત કેન્સર નિષ્ણાત તબીબો હાજર રહ્યા હતા. આ મહાનુભવોએ દર્દીઓ સાથે પતંગ ઉડાવી દર્દીઓને પ્રોત્સાહન આપ્યું હતું તેમજ તલાકાકરી ખવડાવી મોઢું મીઠું કરાવ્યું હતું.

વર્તમાન સમયે અહીંનાં મુખ્ય સેન્ટર કેન્સર અને પુરૂષોમાં મોઢાનું કેન્સર જોવા મળે છે. સોસપીસ સેન્ટરના સીડીઓ ગીતાબેન જોષીએ કહ્યું કે, કેન્સર એટલે કેન્સરની માત્રમા પ્યોટી છે. નિષ્ણાત આરોગ્ય તપાસ અને વહેલા નિદાનથી કેન્સર ઉપર વિજય મેળવી શકાય છે.

મેમોસાકી અને પેપટેલ દ્વારા અહીંનો શુભરૂત કેન્સર હોસ્પિટલના પૂર્વ નિયામક ડૉ. ચાકેરા વ્યાસે કહ્યું કે, લેટેસ્ટ પદ્ધતિ કેન્સરના દર્દીનું આયુષ્ય વધુ છે. પેટસીટી ટેલ દ્વારા શરીરના કોઈ પણ ભાગમાં કેલાયેસા કેન્સરને સારવારથી આંખની શકાય છે. GCRના પૂર્વ નિયામક પંકજ શાહે કહ્યું કે, એક સમય એવો હતો જ્યારે સિવર અથવા કિડનીની અંદર કેન્સર કેલાયું હોય તેની દવા ઉપલબ્ધ નહોતી તેના અરબે દર્દીનું મોત નિષ્ણાત હતું, પણ અત્યારે એવું નથી.

વર્ડે કેન્સર ૩ કેન્સરના અંગે અવેરનેસ માટે દિવ્યાભાસ્કરે રોજીઓ ટોક શો : 16 નિષ્ણાત, 1 દર્દીએ લીધો ભાગ

સરકારે કેન્સરનાં નિદાન અને સારવારની સાથે અવેરનેસ પ્રોગ્રામ અંગે વિચારણા કરવી જોઈએ

દર્દી રિપોર્ટ્સ સાથે કેન્સર નિષ્ણાત પાસે જાય તો ઝડપી નિદાન થાય

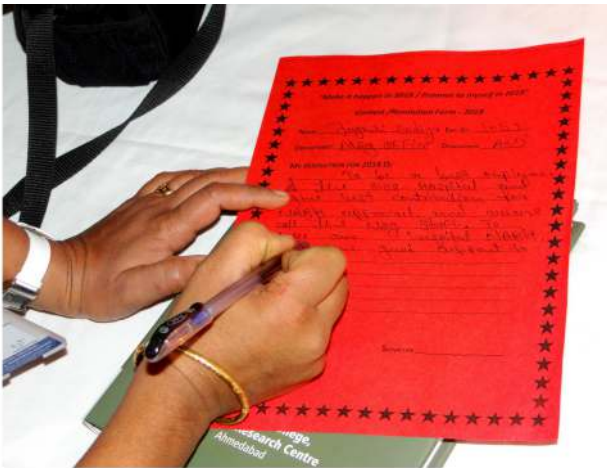
ફિલ્મીકર્મી કેન્સરની અવેરનેસને લગતાં સ્લોગન અને પોસ્ટર લગાવવા શરૂ થયે. દર્દી કિલ્લશીલન પાસેથી તપાસ અને વિવિધ એક્સ-રે સહિતના રિપોર્ટ સાથે જો કેન્સર નિષ્ણાત પાસે જાય તો દર્દીના રોગનું નિદાન ઝોટકા સમયમાં થાય અને ઝડપી સારવાર થતાં રોગને કંટોળ કરવામાં મદદ મળશે. • **પદ્મશ્રી ડૉ. પંકજ શાહ**

રોગની ગેરમાન્યતાઓ ચિંતાજનક

શહેર કરતાં ગામડાઓમાં ડોક્ટરો, કેન્સર સારવાર કેન્સરની સુવિધા ઓછી છે પણ તે કરતાંય ઓછામાં કેન્સરની ગેરમાન્યતાઓ વધુ પ્રચરત છે. સમાજમાં કેન્સર પ્રત્યેનો દર તેમને વહેલા સારવાર કરાવતાં રોકે છે. • **ડૉ.કિર્તી પટેલ**

HR Updates

New year resolutions: HR Department had put up an insightful challenge -“**Make it happen in 2018 / Promise to myself in 2018**” for all the doctors and employees of GCSMCH&RC. This contest was based on thoughtful aspect of inviting resolution from all regarding “*What one thing / resolution / idea that you would follow entirely in 2018?*” There was great response from the employees.



Holi Celebration: Celebration of Holi was done in the form of 'Tobacco Holi' on 1st March 2018 by burning out all the tobacco products recovered from patient's relatives and visitors during the year. GCSMCH Staff also celebrated eco-friendly holi with the management and colleagues.



Women's Day: Women have always put the concerns and comforts of others before their own and often compromise on their personal health. GCS Medical College, Hospital & Research Centre organized a special program - Panel Discussion on Healthy Living for all Women Employees. As women age, the body undergoes subtle changes that need to be addressed before they become problems. This “Only for Women” program gave Women Employees a chance to raise and address their health concerns freely. **Dr. Prarthana Patel** (Pediatrics), **Dr. Jigna Padhiyar** (Skin and VD), **Dr. Kanupriya Singh** – (Gynecology), **Dr. Rini Patel** (Physiotherapy) and **Ms. Shruti Patel** (Diet & Nutrition) were among the Expert Panelists. **Ms. Neha Lal** (Sr. General Manager – Operations & HR – GCS Hospital) moderated the Panel Discussion. Expert women panelists addressed various issues faced by women and guided how to overcome it and manage work & life balance.



The panel discussion was very fruitful and audience freely asked various questions related to health, lifestyle changes, child care, skin care, gynecology, exercises, food and diet, work-life balance etc. Expert panelists addressed all questions zealously and urged all the women employees to put their health first. The program was honored by Special Guest: **Dr. Nirmala Wadhvani (Ex MLA)**, who also inaugurated the New Ambulance of GCS Hospital.

EMPLOYEE CORNER

New Joinees - Welcome to GCS



Accounts

Mr. Sandeep D. Bansal

Administration - NS/NC

Ms. Namrata S. Patel
Ms. Vaishali V. Parikh

Business Development

Mr. Rajnish H. Verma

Credit Billing

Mr. Kamlesh I. Rathod

Emergency/Casualty

Dr. Sagar A. Agrawal

Facility Management

Mr. Vinod K. Jadav

Front Office

Ms. Shital H. Parmar

HR & Admin

Mr. Maheshbhai H. Rabari

IT & Systems

Mr. Hitendra K. Panchal
Mr. Poojan M. Parikh

Medicine-C

Dr. Asha N. Shah

Microbiology-C

Ms. Shikha R. Sen

Obst. & Gynec

Dr. Jaiminkumar J. Patel

Ophthalmology

Dr. Himali M. Pipalia

Pathology-C

Dr. Madhur Y. Modi

Nursing

Ms. Payal N. Patel
Ms. Pooja M. Shivhare
Ms. Sejal G. Patel
Ms. Mayuri D. Parmar
Mr. Bhargav K. Prajapati
Ms. Megha R. Patel
Ms. Aakanksha H. Patel
Ms. Ankita J. Patel
Ms. Nilam R. Jadav
Ms. Kinjal N. Joshi
Ms. Margvi H. Prajapati
Ms. Reetu M. Desai
Ms. Pruthvi S. Patel

Pharmacy

Mr. Bhavnesh G. Lodha
Ms. Dipal U. Dave

Pediatric

Dr. Bhanu R. Desai
Dr. Nisha S. Agrawal
Dr. Honey A. Aswani
Dr. Mirat U. Shukla

Radiology-H

Dr. Shivani N. Goyal
Mr. Ashishbhai B. Kansara

Skin & V.D.

Dr. Jeta Y. Buch

Surgery

Dr. Shashwat V. Shah
Dr. Akash J. Mulani
Dr. Sahil R. Solanki

Training and Development

Mr. Rakshit V. Mashroo

Employee Appreciation

Appreciation was given to **Ms. Monika Patel** & **Ms. Geeta Solanki** of Registration Department for returning a blank cheque of value Rs. 80,000/- which was misplaced by one of the patients.



Ms. Sonal Prajapati – Nursing Superintendent, **Ms. Kinnari Prajapati**, **Ms. Vidhi Soni**, **Ms. Nikita Thakar** had successfully participated in the State level Conference on Nursing Excellence in Forensic Nursing & Medico-Legal issues held at GMERS Medical College & General Hospital Gotri, Vadodara on 20th January 2018.

Appreciation from patients was received for the following employees for providing best treatment & coordination.

Doctors:

Dr. Haresh U. Doshi (Prof. in Obst & Gynec)
Dr. Dipak Trivedi & Team (For successfully operated surgery)
Dr. Sushil Akruwala

Visiting Consultants:

Dr. Pramod Menon (For his treatment & cooperation)
Dr. Ravi Khetan (For his caring nature)
Dr. Nishant Sanghavi
Dr. Ritesh Patel
Dr. Saurin Dalal (Nephrologist)

Clinical Assistants:

Dr. Khushbu Pathan
Dr. Harita Anand
Dr. Heena Vaghela

Operations & Billing

(For their coordination work & helpful/friendly nature)
Mr. Rakesh Prajapati
Ms. Pinky Thakor
Mr. Kalpesh Parmar

Nursing:

Ms. Sangeesha Lokhandvala
Ms. Manisha Baraiya
Ms. Aarti Chauhan
Ms. Falguna Parmar
Ms. Riddhibahen Patel
Ms. Jigitsha Mayavanshi
Ms. Aksharabahen Rathod
Ms. Kinjalben Rathod
Ms. Komal Christian

ACADEMICS

Trainings

Training for Nursing staff on the occasion of **World Kidney Day** was organized on 8th March 2018. World Kidney Day is a global health awareness campaign focusing on the importance of kidney disease and its associated health problems worldwide. Kidney dialysis patients and their relatives also attended this seminar.



Training on Infusion Care was organized for Nursing Staff on 21st February 2018. The training was about Awareness of Intravenous Care.



Achievement

Neel Swaminarayan from GCS Medical College, was awarded **Gold Medal** for 2nd MBBS Exam by **Shri Bhupendrasinh Chudasma (Hon. Education Minister)** at the Gujarat University Convocation. Neel also got 1st Rank in University Exam in 3rd MBBS Part-I Examination. Other students of GCS Medical College, who secured among top ten ranks in Gujarat University exam of 3rd MBBS Part - 1 were **Omkar Narayan Gadre & Shreel Hitenkumar Patel**.



CoNGRaTuLaTions!

Visitors of Foreign Delegation

Delegates / Dignitaries from different countries visited GCSMCH&RC. They had an entire visit of the Hospital, Medical College and also had an interactive session with the management.

"Atithi Devo Bhava" is an Indian expression. Whenever we have guests from Abroad (UK) a warm hospitality is the key to make them feel the real India. One UK Student & her Professor also visited at GCS Hospital in Pediatric Unit.



MARKETING INITIATIVES

CMEs & Events

On **World Cancer Day** (4th February 2018) in Association with **Divya Bhaskar News & Media Group** "Cancer Awareness Talk show" held on 2nd February 2018 at DB House, **Dr. Kirti Patel (Oncologist - Dean GCS Medical College)** & **Dr. Pankaj Shah (Oncologist - Ex. Director GCRI)** were invited as Key Delegate Speakers on this Events with leading panelist Oncology Doctors from the Town

CME held on 16th February 2018 by **Dr. Devendra Parikh (M.S., M.ch)** Onco Surgeon on Topic: "**Recent Trends in Thoracic Oncology**" & Brief Orientation by Fellow from J & J on "Science of Tissue Management.



CME held on 9th March 2018 by **Dr. Deepak Trivedi (MS Laparoscopic Surgery)** on Topic: "**Awareness on Carcinoma of Prostate.**"



Health Awareness Talk was organized on 8th March 2018 onsite at Arvind Ltd on **National Safety week** on Industrial Accidental Trauma & Primary Medical Treatment by **Dr. Pramod Menon (Plastic & Reconstructive Surgeon)**



Camps & Campaigns

Onsite Camp held on 9th January 2018 at Indian Overseas Bank, total 121 beneficiaries screened.

Onsite Camp held on 23rd January 2018 at Arvind Santej, total 141 beneficiaries screened.

Screening Camp on 15th February 2018 onsite at empanelled Corporate Arvind Santej unit, total 201 beneficiaries were screened & medicines given

Free General Outreach 15 Camps were held during January-March'18 at below areas in Ahmedabad benefitting around 4400 people.

- On 18th January at Ramol
- On 19th January at Sadvichar
- On 27th January at Dariyapur
- On 2nd February at Sadvichar
- On 6th February at Bapunagar
- On 16th February at Sadvichar
- On 20th February at Rajpur
- On 27th February at Jamalpur
- On 8th March at Detroj, MAA
- On 13th March at Asarva, SEWA
- On 15th March at Kheda
- On 16th March at Sadvichar
- On 20th March at Vatva
- On 22th March at Detroj
- On 27th March at Balisana

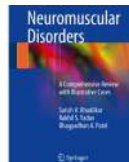


Academics

Dr. Asha Shah (M.D.) Ex. Professor & HOD Medicine, B. J. Medical College & Civil Hospital, Ahmedabad India – was awarded the prestigious "**Prof Rathinavelu Subramaniam Endowment Oration**" in APICON 2018 held at Bangalore on 24th February and she delivered lecture on H1N1 influenza, 9 years journey in Gujarat.



Dr. Rakhil Yadav, D.M. Neurology, book on neuromuscular disorder is published worldwide with springer publication.



Monthly Clinico-Pathological Meeting (CPC) was successfully conducted on 14th March 2018 by department of Pathology and Anesthesiology. Pathological aspects of Myasthenia gravis was discussed by **Dr. Kalpen Patel** and major Anaesthetic consideration in patient of myasthenia gravis posted for laprotomy was discussed by **Dr. Pallavi Bhange**. The session was conducted under able guidance of **Dr. Deepak Joshi** and **Dr. Heena Chhanwal**. Faculty members from all departments actively participated and contributed to make the event successful.



Student of GNM Internship has organized Geriatric Health Assessment and Health Education camp on 13th March 2018 at Jivan Sandhya Old age Home Naranpura, Ahmedabad. Student of GNM Third year has organized school health checkup and health education camp at Dabhoda village. Health education given to the school students on various topic like personal hygiene, diet management, vaccination etc.

Clinical

47 year female complaining of menorrhagia diagnosed with large size (15x13) cm fundal fibroid, subserosal type. It was operated by **Dr. Divyesh panchal** (Assistant Professor), **Dr. Shikha Jain** (Assistant Professor) by total laparoscopy hysterectomy. Large size fibroid with uterus and cervix removed vaginally.



A 28 year old, married patient, a known case of **Mayer Rokitansky Kuster Hausen Syndrome** (phenotypically female with absent Uterus and Vagina), presented to GCS Hospital under GU-1 with the purpose of creating a neovagina to start sexual activity. Patient was operated by Abbe-McIndoe Vaginoplasty surgery by **Prof H. U. Doshi** and **Dr Jaishree Bamniya**. **Dr. Pramod Menon** - Plastic Surgeon was involved – for Skin grafting. Dissection of space between Bladder and rectum by vertical incision done. A mould covered with skin graft was placed in space. This is third Vaginoplasty done in GCS hospital and previous 2 patients are doing well and having good sexual life.



Unit 1 of Obs Gynec encountered a rather unusual case of an unmarried, 35 years old female presenting with chief complain of an abdominal mass in the month of February. Patient underwent all required workup and was diagnosed to have a fibroid of around 260*195*100 mm size. Preop, ureteric stenting was done By Urologist **Dr. Aniket Pandya**. Laprotomy was performed, followed by total abdominal hysterectomy with unilateral salpingoophoretomy, Intraop, the planes were challenging to identify as a result of the distorted anatomy. The team of surgeons - **Dr. Haresh U. Doshi** (HOD), **Dr. Pooja Singh** (Associate) & **Dr. Jaishree Bamniya**.



INTERESTING CASE OF PRIMARY AMENORRHEA WITH VAGINAL SEPTUM - An 18 years old female with primary amenorrhea admitted in Unit 3 was posted for examination under anesthesia on 27/3/2018. EUA turned out to be quite intriguing when on L/E- a septum was seen covering the vagina. A very small uterus was felt while doing p/r. The Preop MRI of the patient was suggestive of hypoplastic uterus and a normal vagina and normal b/l adnexa. Septum was dissected after informed written consent by **Dr. Mukul Shah**, **Dr. Kanupriya Singh** and **Dr. Ami Shah** but cervix was nowhere to be seen. Finally decision to introduce a laparoscope for direct visualization was taken after counseling the relatives. On diagnostic copy- A very small uterus was seen in the cavity with well developed b/l adnexa and surrounding structures.



COMMUNITY ONCOLOGY CENTRE HIGHLIGHTS

Training

20 master trainers from SEWA (Self Employed Women's Association) were trained regarding Self Breast Examination and early signs & symptoms of cancer breast & cancer cervix on 2nd January 2018.

Nine M.Sc Nursing students from IKDRC – Institute of Kidney Disease & Research Centre were posted at Hospice for 2 weeks (26th February'18 to 10th March'18), for training in Palliative care & Hospice.

“Onco – Caregivers' Certificate Course” - 4 months' duration course supported by Sanjeevani, a NGO, GCRI & GCS started from 8th March 2018 at Community Oncology Center, Vasna.

Services

Tobacco Awareness Camp was organized on 27th February 2018 for 50 Diamond Factory workers at COC. They were examined by surgical oncologist to rule out oral cancers.

Recreation activities for Hospice Patients

- 'Laughter Yoga Session' was conducted on 17th January 2018 by Archana Rao from Bengaluru. Hospice patients, caregivers & COC staff – total 55 participants joined the session.



- Regular meetings of caregivers of Hospice patients have been started to improve the services. Follow-up OPD has been started at COC for Hospice patients. Patients are encouraged to be out in garden in evening, either walking or on wheelchair.

Events

Kite festival was celebrated by cancer survivor children on 6th January 2018. **Shri Rakesh Shah, MLA, Ellis Bridge** was the Chief Guest & **Mr. Amit Shah** Former Mayor, Ahmedabad was the Guest of Honor. **First Newsletter** on activities of COC was released on that day. A Press-Conference was organized to create awareness regarding cancer & GCS activities.



Drawing Competition on 'World Cancer Day' - 80 students from A-One, H. H. Patel, R. C. Patel, Nutan Adarsh High School took part in the drawing Competition held on 10th February 2018, at COC on the topic of 'I Can, We Can - Cancer Can be Cured'. **Dr. Anagha Zope** (Consultant Breast Surgeon), **Ms. Falguni Dave Shah** (Consultant Architect), **Shri Arun Talati** (Art Teacher) were invited to grace the occasion and judge the drawings of children.

CAN KIDS Programme on the occasion of **International Childhood Cancer Day (ICCD)** - 150 children with cancer were invited at COC by CanKids, to celebrate ICCD, on 22th February 2018. Children wrote their experience through messages on kites.

Workshop on importance of mental & physical health in Breast Cancer for **Breast Cancer survivors** was conducted on **International Women's Day - 8th March** at COC. **Dr. Sidhyarth Mukherjee** gave lecture on 'Love Yourself & Heal Your Life' & stressed the importance of Forgiveness, Love & Gratitude for healthy life.



Staff achievements

- **Dr. Geeta Joshi** delivered, KEY NOTE ADDRESS, During 33rd ISSPCON, on 2nd February 2018.
- **Mrs. Darshana Butala** was felicitated on GCRI Hospital day for her contributions to COC.

UPDATES

Community Medicine

Screening for **Cervical and Breast cancer** was conducted on 5th February 2018 on the occasion of **World Cancer Day** at Urban Health Training Centre - Saijpur. Total 22 patients were screened for Cervical cancer by team efforts of Community Medicine and Obs. & Gynec. Department by using Papsmear.



On 19th January 2018, **Cu-T insertion camp** was organized at RHTC Dabhoda. The camp was facilitated by **Dr. Mansi Patel & Dr. Asha Solanki** from Comm. Medicine Department with the support of Obs.-Gynec. Department. Total 24 eligible women visited the camp.



On **World Cancer Day 2018**, health awareness rally was conducted on 5th February at Dabhoda. The awareness drive was carried out by the RHTC team with the support of A.K. Patel Nursing School & one Dabhoda Government School.



National Youth Day was celebrated at Municipality School situated under field practice area of UHTC - Saijpur on 12th January 2018. A health education session was conducted on "Tobacco Awareness" with the help of audio-visual tool. Total 63 students participated.



Obstetrics & Gynecology Academic Programmes

Three such pedagogical activities were conducted:

- An obstetrics skills training course on 15th to 17th February 2018 where 7 Gynaecologists participated.
- USG training course on 21st to 24th February 2018 where 12 Gynaecologists participated.

• FORCE PG academics for post graduate students on 17th & 18th March 2018 which was attended by more than 100 PG students from all over Gujarat.



Pharmacovigilance Corner

SPONTANEOUS REPORTING OF ADRs IS BACK BONE OF SAFE MEDICINE

Following Important ADRs were reported recently to Pharmacovigilance Committee of GCSMC:
(Compilation - Dr. R. K. Dikshit, Dr. Nayan Patel)

Causal Medicine	Indication for use	Adverse event (Reporting Department)
Levofloxacin	UTI	Itching right hand (Medicine)
Paclitaxel	Ca-Oesophagus	Breathlessness, Vertigo (Oncology)
Rituximab	Ca-Tonsils	Breathlessness, itching, redness all over body (Oncology)

To report an ADR, please contact:

Dr. Vipul Chaudhari (9825444336), Dr. Sumit Patel (9824223626) or Pharmacology Department (8499)

We remain thankful to all the reporting Departments for their kind cooperation.

Congratulations to Dr. Shashank Pandya

Dr. Shashank Pandya has been appointed as **Director In-charge of the Gujarat Cancer & Research Institute.**



Congratulations to Employees of the Month:

Mr. Vishal Patel, Community Oncology Department, December'17.

Dr. Jayendra Patel, Cancer Biology Department, January'18.

Ms. Rachna Shah, Pathology Department, February'18.



Dr. Prasad Kasbekar, 3rd year resident doctor of Surgical Oncology was awarded with **Certificate of Best Oral Presentation** in the 13th International Conference of the Asian Clinical Oncology Society, during 23th - 25th February 2018, Chiang Mai, Thailand. **Congratulations Dr. Prasad Kasbekar!**

Stress Buster Laughter Yoga by Ms. Archana Rao

Laughter Yoga session by Ms. Archana Rao, Corporate Trainer from Bangalore was held on 19th January where more than 100 patients and their relatives participated. The same session was held on 22nd January for hospital staff where more than 150 doctors, nurses and administrative staff members participated. These programmes had a great impact on reliving stress.



Women Development Cell (WDC) has taken up a Women Wellness Project for all women employees of GCRI. Under the roof of WDC Aerobic Session only for women was organised on 20th January 2018. The programme was very effective to encourage all women employees of GCRI to practice Aerobics regularly.



World Cancer Day Celebration: On the occasion of World Cancer Day, a cancer awareness and detection camp was organized on 3rd February 2018 at Mehsana District Hospital. More than 300 women were benefitted in this camp. The occasion was graced by **Mr. Nitin Patel**, Deputy Chief Minister, Gujarat.

Hospital Service: GCRI Digital Library Notice Board

GCRI Library has initiated the first step to replace wooden notice board to digital notice board for disseminating the relevant and quick information.

Digital Library Notice board was inaugurated on 17th February 2018. The event was graced by Shri Prashant Kinarivala, Shri Kshitish Madanmohan, Dr. Shilin Shukla, Dr. R. I. Dave, Shri Kaushik Patel, Shri Rashmibhai Magiawala, Shri Bipin M. Shah, Dr. Shashank Pandya and Mr. N.T. Chavda.



International Women's Day Celebration at GCRI - The

Women Development Cell of the GCRI has celebrated International Women's day on 8th March 2018. Mr. Uday Dholakia, Founder & Chief Engagement Officer, PathDarshak Skill Consulting, Ahmedabad delivered a Motivational Lecture on Emotional Intelligence for female staff members of GCRI. He very well explained how to deal with emotions in day to day life by keeping balance between professional & personal life.



International Women's Day celebration at Rajkot

A cancer awareness and detection camp was organized at Rajkot Medical College on 11th March 2018. More than 500 women participated in awareness programme. On this occasion, **Mrs. Anjali Rupani**, wife of Honourable Chief Minister, Gujarat remained present along with other dignitaries.

Dr. Trupti Trivedi, Sr. Scientific Officer, was awarded for **Best Paper Presentation** at 7th International Conference on Translation Cancer Research held at Chennai held from 8th to 11th February 2018.



National Conference on New Horizons in Cancer Biology

was organized on 16th-17th March 2018 at J B Auditorium, Ahmedabad Management Association, Ahmedabad by Cancer Biology Department. The theme of the conference was Empowering Cancer Biology to strengthen fight against Cancer. The conference aimed to bring together distinguished scientists from various parts of India and budding researchers to discuss and deliberate on the emerging trends and future prospects of prevention and treatment of cancer. The event included keynote lectures, invited lectures by renowned scientists and clinicians from diverse institutions in India along with oral presentations, technical talks, young scientist award oral presentations, poster presentations by PhD scholars and post-graduate students and more than 450 participants. The event was inaugurated by Dr. Jayanti Ravi, IAS. During the inaugural function, **Padmashri Dr. Devendra D. Patel** and **Padmashri Dr. Pankaj M. Shah** were felicitated by Cancer Biology Department. The organizing secretary of the conference was **Dr. Pina J. Trivedi** (Senior Scientific Officer) of Cytogenetics Lab.



The Gujarat Breast Meet 2018, a CME organized by

The Association of Surgeons of India West Zone on 10th-11th March 2018. There were 6 teams from all over India who had participated in the **Breast Quiz JEOPARDY**. It is a matter of pride for GCRI that 2 teams from our Institute proved to be winners. The first position was secured by **Dr. Murtaza Bohra, Dr. Ketul Puj & Dr. Shruti Gohel**. Second position was secured by **Dr. Nahush Tahiliani, Dr. Rohit Jha and Dr. Vandana Dahiya**. Congratulations winners!



Hospital Week Celebration

Hospital week celebration was organized during 27th January to 3rd February, 2018. **Dr. Jayanti Ravi, Principal Secretary & Commissioner of Health, Govt. of Gujarat** graced the occasion of Cultural programme of GCRI on 2nd February.

Hospital Annual Day celebration was held on 3rd February where **Shri Punamchand Parmar, IAS, Additional Chief Secretary Medical Services, Govt. of Gujarat** and **Shri Pankaj Patel, Chairman of GCRI** remained present to encourage us. Presence of esteemed dignitaries like **Padma Shri Dr. Devendra Patel, Padma Shri Dr. Pankaj Shah, Dr. Kirti Patel (Dean, GCS Medical College), Dr. Shashank Pandya (Incharge Director, GCRI)** and **Mr. N.T. Chavda (Hospital Administrator, GCRI)** is also noteworthy.

Dr. Shilin Shukla, Emeritus Professor of Medical Oncology & Former Director of GCRI was awarded **Shri Madanmohan Ramanlal GCRI Luminary Oration Award**.

Dr. D. Karunakaran, Professor, Department of Biotechnology, Indian Institute of Technology, Madras, Chennai was awarded **Shri Ramniklal J. Kinariwala Cancer Research Award**.



Dr. Anil D'Cruz, Professor of Head Neck Surgeon and Director, Tata Memorial Centre, Mumbai was awarded **Dr. T.B. Patel Oration Award**.

GCRI staff members participated enthusiastically in different activities in a weeklong celebration. Apart from Cultural activities and in-house competitions like Elocution, Rangoli, Drawing- Painting & Mehendi, Evaluation of Wards and Departments was also there. Winners in each category were felicitated with awards on **Hospital Annual Day**.

Department of **Community Oncology & Medical Records** has received award for the **Best department in supporting services** on the occasion of **Hospital Annual Day**. Congratulations Community Oncology Department!

Department of **Gynecologic Oncology** received **Vimlaben Agraval Rotating Trophy (Clinical)** for maximum publications in the year 2017 on the occasion of **Hospital Annual Day**. Congratulations Gynecologic Oncology Department!

Chemotherapy Ward, Leukemia Ward, Male Surgical Ward B, Main Operation Theatre & Endoscopy have received award for the **Best patient care services** on the occasion of **Hospital Annual Day**. Congratulations!



Chemotherapy training of Physicians, Medical Officers and Nurses of District Hospital: One day chemotherapy training of Physicians and Nurses from various district hospitals from Gujarat was conducted on 13th January, 2018 where 17 physicians and 40 Nurses were trained for chemotherapy administration at District hospitals. The similar training for Medical Officers was conducted on 23rd February where 15 Medical Officers were trained for the same.

Training Programme on **UPTODATE- Evidence based Clinical Decision Support System** was conducted by **Dr. Pragnesh Pokar, International Training Consultant** during Senior Staff Members meeting on 16th February 2018. UpToDate helps clinicians answer their clinical questions, increase their clinical knowledge & improve patient care.

Dr. Prabhudas S. Patel delivered a talk on Molecular basis of oral cancer: Focusing on invasion and metastasis breast and other cancers at 7th **International Conference on Translational Cancer Research**, organised by Indian Institute of Technology Madras and Society for Translation Cancer Research at Chennai on 8th-10th February 2018. Dr. Patel was selected as a National Committee Member of Society for Nutraceuticals and Chronic Diseases.

New Diagnostic Test of "IDH 1/2 Mutations" is started from 1st March 2018 at Clinical Carcinogenesis Lab, Room #306, Department of Cancer Biology. This Diagnostic test is for Glioma patients.

A ONE-STOP DESTINATION
FOR ALL YOUR
HEALTHCARE NEEDS



GCS Medical College, Hospital & Research Centre



300+
Doctors



950+
Patient Bed



13000+
Surgeries



60+ Bed
ICU & Critical Care



1500+
Daily Outpatients



375000+
Patients every year



11
Modular OT



Clinical Services

- Medicine
- Surgery
- Paediatrics
- Anaesthesia
- Orthopaedics
- Gynaecology & Obstetrics
- Dermatology & Skin
- Dentistry
- Ophthalmology
- Psychiatry
- TB & Respiratory Disease
- ENT

Super Specialty Services

- G.I. Surgery
- Cardiology
- Vascular Surgery
- Nephrology
- Urology
- Neurology
- Neuro Surgery
- Oncology
- Onco Surgery
- Joint Replacement
- Spine Surgery
- Rheumatology
- Pain Management
- Gastroenterology
- Paediatric Surgery
- Pulmonology
- Endocrinology & Diabetology
- Plastic & Cosmetic Surgery
- Endoscopy

24 Hours Services

- Radiology
- Casualty & Emergency
- Pharmacy
- Pathology
- Ambulance (ICU on Wheel)
- Blood Bank

Support Services

- Health Check up
- Dialysis
- Diet & Nutrition
- Physiotherapy

**GCS Hospital is
Empanelled with Govt. Health Schemes
like RSBY, MA Yojana, ESI & majority of
Corporate PSU, Private Sector, MSME &
Insurance / TPA Companies etc**

GCS Medical College, Hospital & Research Centre

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