

GCSMCH News Letter

Issue: 19

April-June 2017



Mr. Pankaj R. Patel
Chairman and Managing Director
Zydus Cadila

Congratulations

on receiving the

Gujarat Ratna Award

*for his innovative efforts in the field of healthcare
from Gujarat Innovation Society (GIS).*



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EDITOR'S DESK

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Neha Lal (Sr. General Manager - Operations & HR)
We hear your feedback at communications@gcsmc.org

Congratulations!

Gujarat Innovation Society (GIS) conferred the Gujarat Ratna Award on **Mr. Pankaj R. Patel**, Chairman & Managing Director, Zydus Cadila, for his innovative, trailblazing efforts in the field of healthcare.



His son and Joint Managing Director of Zydus, **Dr. Sharvil Patel** is seen receiving the award on his behalf, from Mr. A.S. Kiran Kumar, Chairman, Indian Space Research Organization (ISRO).



From Chief Editor's Desk

Dear Readers,

It is with the immense pleasure that we present the 19th issue of GCSMCH Newsletter. I wish my heartiest gratitude to our contributors (Ms. Poorna Trivedi & Mr. Dipesh Patel) of GCSMCH Newsletter. GCSMCH Newsletter values your contribution and I look forward to your continuous support in coming topics while welcoming your feedback and suggestions.



We heartily congratulate **Shri. Pankaj Patel** (Chairman & MD - Zydus Cadila) in receipt of prestigious "**Gujarat Ratna Award**" for his innovative efforts in the field of healthcare.

We had a varied activities and programs of health days, celebrations, camps, promotions and trainings along with many other significant updates for you. The quarter begun with an awareness & preventive care Seminar on '**Depression: Let's Talk**' to spread awareness regarding Depression on World Health Day. GCSians also observed International Nurses Day, World Blood Donor Day and World No Tobacco Day during the quarter.

I acknowledge **Dr. Bhavna Parikh** and **Dr. Divyesh Panchal** for performing more than 30 Gynaec Oncology surgeries. We had successfully organized and hosted Homeostasis 2017 - the Annual Gujarat State Biochemistry Quiz, attended by the members of various medical colleges of Gujarat.

I wish joyful reading for this issue. While monsoons rejuvenate you, we will be back again next quarter, with some more interesting updates.

Happy Reading and Happy Monsoon.

Neha Lal
Chief Editor

All Donations are exempted from Income Tax u/s 35(1)(ii)(150%) & 80G(50%).

Donations in Foreign Currencies accepted; approval vide Reg. No.: 041910257 dated 22-03-2001.

Visit us at www.gujaratcancersociety.org and www.gcsmc.org; Email: admin@gujaratcancersociety.org or info@gcsmc.org

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SIGNIFICANT UPDATES

Significant Updates

Workshop on Common Skin Condition at ISRO

Under ISRO'S Telemedicine Network - 29th CME Programme, A CME on "Common Skin Condition - What to Do, One Thing not to Do" by **Dr. Nayan Patel** (MD - Dermatology & Venereology, Assistant Professor) was organized on May 30, 2017 at ISRO.

The Lecture was Transmitted on Satellite Based Telemedicine Network from DECU Studio located in Space Applications Centre Campus (SAC - ISRO) Telemedicine network consists of around 400 nodes installed across the country in various hospitals, institutions etc. Many nodes are augmented to receive the CME sessions and participate in the interaction session.



Corporate Empanelment

GCS Hospital has been empanelled with "**L&T (Larsen & Turbo) Construction - Heavy Civil Infrastructure / Metro Rail**" from June 2017, for all Super Specialty Treatments.

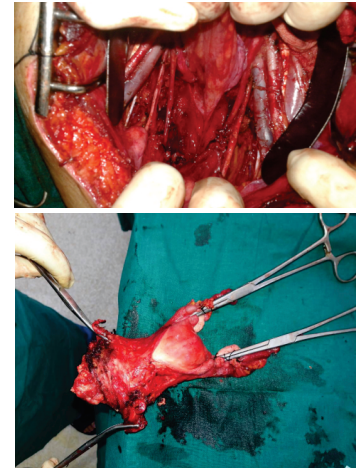


30 Gynaec Oncology surgeries

Dr. Bhavna Parikh and **Dr. Divyesh Panchal** have performed more than 30 Gynaec Oncology surgeries including extended radical surgeries for Cancer Cervix, Cancer Uterus and advanced Cancer of Ovaries.

Dr. Bhavna Parikh is working as a Surgical Oncologist in GCS Hospital since 2013.

Dr. Divyesh Panchal working as an Assistant Professor since 6 years in Gynaecology department and completed 6 months Certified training in Gynaec - Oncology at Tata Memorial Hospital, Mumbai.



Tree plantation

Tree plantation activity was organized by Shree Shakambhari Seva Samiti at GCS Medical College and Hospital premises on June 4, 2017, day before World Environment Day, which was followed by refreshments. More than 125 trees and plants were planted in G C S M C H premises.



UPDATES


Quality Corner

In the last issue we briefed you about the Emergency Preparedness Plan prepared to reduce the vulnerability of patients, relatives and staff. We are happy to announce that mock drills of same were conducted and it went well.

We had another successful event IV Meiosis by Becton Dickinson (BD) for three days. The program has cover safe infusion services and benefitted **615** participants including doctors, nurses and students which was highly appraised by all.

The department is constantly imparting training on different topics this month focus was on the new bio medical waste management guideline, medication errors and adverse event.





Special thanks to all GCSians
for support in
'MISSION OF SAVING LIFE' through
Blood Donation
Your Generosity is Highly Appreciated

Dr. Nayan Patel	- Asso. Prof (Skin & VD)
Ms. Neesha Gyanani	- Sr. Executive (Store)
Mr. Kanubhai Solanki	- Phlebotomist (Lab Services)
Mr. Ravindrakumar	- Manager (Facility Management)
Mr. Mitul Brahmhatt	- Maintenance Eng. (Eng. Services)
Mr. Mukesh Parmar	- Supervisor (Housekeeping)
Mr. Vipul Bharwad	- Housekeeper (Housekeeping)
Mr. Bachubhai Parmar	- Housekeeper (Housekeeping)
Mr. Jignesh Parmar	- Housekeeper (Housekeeping)
Mr. Hitendra Chavda	- Housekeeper (Housekeeping)
Mr. Anil Rathod	- Housekeeper (Housekeeping)

**To Donate Blood, Contact - First Floor, Blood Bank
Extension No : 8138**

Appreciation was received from patients for the below-mentioned employees and doctors for **providing best care, good coordination and support to them.**

Doctors:

- Dr. Rashesh Solanki (*Gastroenterology Surgery*)
- Dr. Prakash Chaudhary (*Urologist*)
- Dr. Shrikant Somani (*Endocrinologist*)
- Dr. Sandarbh Patel (*Cardiologist*)
- Dr. Bhautik Tilva (*Neuro Physician*)
- Dr. Mansi Buch (*Skin*)

Staff

- Ms. Rashmi Christian (*Nursing*)
- Ms. Falguna Parmar (*Nursing*)
- Ms. Hiral Kotwal (*Nursing*)
- Mr. Parthesh Bhatt (*Operations*)
- Mr. Rakesh Prajapati (*Operations*)
- Ms. Mukesh Parikh (*Billing*)
- Ms. Vanita Patel (*Billing*)
- Mr. Kalpesh Chauhan (*Billing*)
- Dr. Harita Anand (*Clinical Assistant*)
- Dr. Keyur Mistry (*Clinical Assistant*)

HR UPDATES

New Joinees - Welcome to GCS



Emergency/Casualty

Dr. Ankit S. Patel
Dr. Tusharkumar H. Pansuriya

ENT-H

Dr. Hardik P. Chaudhary

Medical & Admin-H

Dr. Nisha M. Agrawal

Medicine-H

Dr. Reena Singh
Dr. Nilesh J. Chondigara
Dr. Anilkumar R. Prajapati
Dr. Shreyansh A. Patel
Dr. Girish T. Narsinghani

Obst. & Gynec

Dr. Krishna V. Rathod
Dr. Apexa S. Patel

Ophthalmology

Dr. Devanshi B. Modi
Dr. Dharmdeep M. Patel

Bio-Medical

Mr. Nilesh K. Parmar

Corporate

Communications

Mr. Love P. Joshi

Credit Billing

Mr. Jignesh S. Parmar

Surgery

Dr. Manoj N. Talreja

Dialysis Unit

Mr. Preyaron J. Macwan
Ms. Priyanka C. Parmar

TB & Chest

Dr. Farida M. Hathiari

Medical Officer

Dr. Parth N. Prajapati

General Medicine

Dr. Afsha A. Pankhania

Orthopedics

Dr. Ketankumar B. Kakani

Paediatric

Dr. Anandkumar V. Bhatt
Dr. Sakir Memon

Community Medicine

Dr. Rujul P. Shukla

Anesthesia

Dr. Sanhita M. Rath

Front Office

Ms. Anjalina O. David
Mr. Falgun T. Jadav

Pharmacy

Mr. Vinodkumar B. Chauhan
Mr. Vipulkumar K. Patel

Physiotherapy

Dr. Khushbu B. Trivedi

Lab Services

Ms. Ekta B. Parmar
Mr. Herisan Pateliya

Radiology-H

Mr. Umangkumar A. Makwana
Mr. Sunil C. Rana

Special Wing

Dr. Nitin K. Goswami

Stores (Engineering)

Mr. Varnil M. Dabhi

Nursing

Ms. Alpa K. Patel
Ms. Kinjal N. Rathod
Ms. Barkha D. Patni
Ms. Hetal S. Chauhan
Ms. Nisha S.
Ms. Pooja M. Patel
Ms. Alka J. Sutariya
Ms. Hemangini V. Patel
Ms. Kanchan M. Thakor
Ms. Khushbu I. Pande
Ms. Komal N. Solanki
Ms. Pooja D. Patel
Ms. Vaishali K. Vaghela
Ms. Brijal P. Patel
Ms. Kinjal V. Dodiya
Ms. Kinjal I. Gandhi
Ms. Priya B. Patel
Ms. Roshni A. Parmar
Ms. Rushita M. Vekariya
Ms. Smita R. Rathva
Ms. Archana K. Parmar
Ms. Priyanka M. Pranami

Ms. Saroj R. Parmar
Ms. Afiya A. Christian
Ms. Dipali K. Prajapati
Ms. Eгна R. Patel
Ms. Kinjal D. Dave
Ms. Nehal R. Kapadia
Ms. Priyanka S. Patel
Ms. Sweta R. Joshi
Mr. Hasanali G. Bhovaniya
Ms. Monika M. Viradiya
Mr. Rahul H. Patel
Ms. Rutu D. Patel
Ms. Chandanben S. Lata
Ms. Krishna K. Damor
Ms. Sangita V. Limbad
Ms. Mariyabanu M. Saiyad
Ms. Grishma A. Patel
Ms. Hetal R. Rathod
Ms. Janki S. Patel
Ms. Kinjal B. Chauhan
Ms. Khushbu P. Patel
Ms. Megha N. Vaniya
Ms. Payal K. Solanki
Ms. Priyanka D. Sathwara
Ms. Riya A. Soni
Ms. Sinthya J. Parmar
Ms. Sonal D. Patel
Ms. Sonal R. Patel
Ms. Akshara B. Rathod
Ms. Arti B. Parmar
Mr. Rohitsinh S. Makavana
Ms. Janavi C. Patel
Mr. Indrasinh B. Dabhi
Ms. Jeel J. Christian
Ms. Nikita R. Parmar
Ms. Shefali N. Chris

HR UPDATES

Events & Activities

Refreshment Hub

In association with *Wagh Bakri - Break Time Hospitality*, a refreshment Hub was set up at GCS Medical College & Hospital campus on April 1, 2017.

This facility was opened up for all patients, their relatives, visitors, staff and students. The servings includes Fresh milk Tea / Coffee of different varieties, healthy beverages, cold beverages, bakery / Confectionery items etc. on reasonable rates.



For GCS employees, the beverages will be made available at concessional rates on presentation of Employee Identity card.

Informative Dashboard Utility

We are glad to introduce "Informative Dashboard Utility" - a new facility at your desktop. The objective is to keep all employees very well informed about all happenings. IT department has installed this Utility dashboard at each and every desktop. With this facility, the employees will be able to view the information on the upcoming activities of GCSMCH. This will assist to enlighten them about upcoming Events, Meetings, Seminars, CMEs, Festivals or Days celebrations, Camps & Cultural functions on daily basis.

Celebrating IPL

Based on IPL theme, a fun-filled engagement activities were organized for employees' of GCSMCH&RC on May 20, 2017 in coordination with Yes Bank.



Nurses Day Celebration

To commemorate the valuable contribution of nurses, GCS Nursing staff celebrated **International Nurses Day** on May 12, 2017. Nurses Day is celebrated on the Birth anniversary of Florence Nightingale by remembering her contribution in the Patient Care. Nurses are the pillar of healthcare systems around the patients and working long days celebrated the occasion by performances. performances.



HR UPDATES

Training & Development

GST Workshop

Much awaited GST is on its way to implementation and is all set to become a reality in the near future. We do believe that moving into the GST era is a journey that we will need to walk together and we are working towards making this journey smooth and convenient for



everyone. Keeping this in mind, a discussion meeting cum training session was organized to prepare our employees' to understand and face GST challenges. It covered the basic idea of GST with special focus on Healthcare and Educational institutions. Partner of Internal Auditor CA Dipam Patel who has specialized knowledge on GST addressed the session on Road map to GST (Goods and Service Tax) on June 14, 2017 at GCS seminar Hall.

Vaccination Drive

A Vaccination Drive was undertaken to provide HEPATITIS B vaccine free to the clinical staff - Doctors, Nurses, Paramedical Staff and Nursing Aids.

Basic life support training

Training was conducted by Department of Anesthesia on Basic life support for the nursing staff on May 1, 2017.

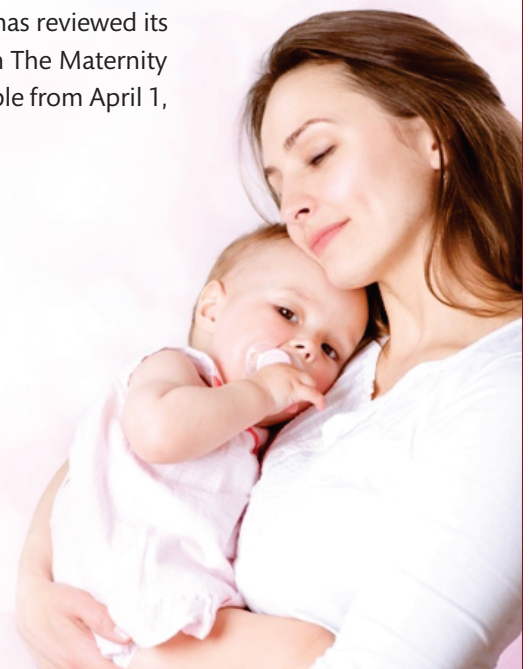


Maternity Leave policy Amendment

The HR Department is pleased to share that, the management of GCSMCH has reviewed its **MATERNITY LEAVE POLICY** for female employees, with the amendment in The Maternity Benefit (Amendment) Act 2017 and as per the received notification, applicable from April 1, 2017.

For ready reference, the highlights of this policy are:

- All confirmed female employees' can claim the benefit under this policy.
- Twenty six weeks / which not more than eight weeks of maternity leave shall precede the date of expected delivery. Provided that the maximum period entitled by a women having 2 or more than 2 surviving children shall betwelve weeks which not more than six weeks shall precede the date of expected delivery.
- An employee who legally adopts child below the age of three months or a commissioning mother shall also be entitled to this benefit for a period of twelve weeks from the date the child is handed over to the adopting mother/commissioning mother, as the case may be.



MARKETING INITIATIVES

Events

World Health Day

On the occasion of World Health Day (April 7, 2017), **Ms. Neha Lal** (Sr. GM - Operations & HR), was invited in the talk show organized by **Divya Bhaskar**. The talk show was on **"Depression: Let's Talk"** – the theme of this year's World Health Day. Ms. Neha Lal was one of the eminent panelists in the discussion, where she gave an important mantra **"When you are Happy, you are healthy"** and said, **"Women should fully utilize their energy and strength so that they can live healthy and happy life."**



સ્ત્રીઓ શક્તિને સોળખે

વેન યુ આર હેપ્પી યુ આર હેલ્થી. સ્ત્રીઓ ધરકામ વધુ કરે છે. સ્ત્રીઓએ શક્તિઓનો ભરપૂર ઉપયોગ કરવો જોઈએ એક સંતુષ્ટ અને આરોગ્યપ્રદ જીવન જીવી શકાય. -નેહા લાલ, સિનિયર જનરલ મેનેજર, જસીએસ હોસ્પિટલ



Health Awareness Talk on "Hypertension" was held on May 25, 2017 at GCS Hospital for Public, preached by **Dr. Sandarbh Patel** (Cardiologist).



Health awareness program for SEWA

GCS Hospital organized a Health awareness program for the benefit of the SEWA's (Self Employed Women's Association) female Employees and Associates at their office. **Dr. Jaishree Bamaniya** (MBBS, M.S Gynaec) emphasized the importance that women should have on their health for the well being of themselves and their Family. Awareness on the precautionary steps for Breast Cancer, PCOS, Stress & Depression, Osteoporosis, Menopause & Pregnancy care etc were also explained.



An awareness & preventive care Seminar on **"Depression: Let's Talk"** was also held at GCS Hospital for the all employees. Expert psychiatry Consultants of GCS Hospital – **Dr. Hitendra Gandhi, Dr. Dharmesh Patel & Dr. Alpesh Gediya** addressed the participants of this awareness seminar and emphasized on the need to spread awareness that Depression is an illness and not a character weakness.



Connect with us

Social media is an important way to bring together our patients, physicians, community and employees. We have reached more than 9,000 likes on our facebook page. Thank you for your continued support. You can follow us on at ([facebook.com/gcsmc](https://www.facebook.com/gcsmc)) to get the latest information on news, events & updates of GCS MCH.



MARKETING INITIATIVES

Camps & Campaigns

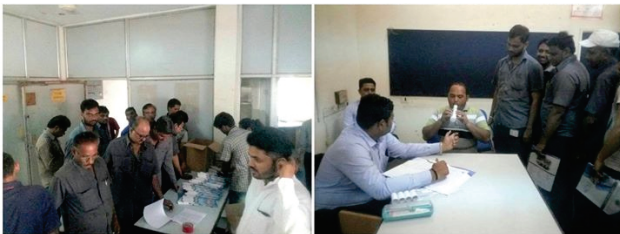
- Camp organized on April 11, 2017 onsite at **Arvind Ltd. Santej** unit for ICICI Lombard policy Employees.



- **MA Yojana** camp for Urology & Oncology organized on April 17, 2017 at **Singarva**.



- Health checkup Camp organized at **Arvind Ltd, Naroda** unit for their workers & employees on April 21 & 22, 2017.



- Health Check-up camp was organized at **Arvind Limited, Naroda** on May 11, 2017.



- Health Check-up camp was organized at **Arvind Limited, Khatraj** on May 18, 2017.



- Free Health Check up Camp was organized on International Day of Action for Women's Health (May 28, 2017) for **SEWA** female worker's at Girdharnagar, Ahmedabad.



- Bone & Joint Camp was organized by GCS Medical College, Hospital & Research Centre at **Arvind Mills, Santej** on June, 22, 2017; conducted by **Dr. Karnav Panchal** (Consultant - Orthopedics & Joint Replacement Surgery) and GCS Hospital team.



For General wing total 16 Free Camps was organized during April - June 2017 as briefed under for more than 2300 beneficiaries.

- On April 4, 2017 at Khokhara
- On April 6, 2017 at Bahrapura
- On April 23, 2017 Naroda Gam
- On April 29, 2017 Dariapur-Police Station
- On May 6, 2017 at Sarangpur
- On May 9, 2017 at Narol
- On May 13, 2017 at Bapunagar
- On May 16, 2017 at Sabarmati
- On May 20, 2017 at Behrapura
- On May 24, 2017 at Rakhiyal
- On May 27, 2017 at Sarangpur
- On June 6, 2017, Sabarmati
- On June 20, 2017, Behrapura
- On June 24, 2017, Rakhiyal
- On June 28, 2017, Vadaj
- On June 29, 2017, Jamalpur



MARKETING INITIATIVES

CMEs

GCS Hospital organized CME on "Approach to Congenital Heart Diseases" by **Dr. Harsh Mod** (MD Pediatric) and "Holes in Heart" by **Dr. Divyesh Sadadiwala** (MD Pediatric, Fellowship in Pediatric Cardiology) on April 28, 2017.



CME organized for **Dr. Rashesh Solanki** (Gastro Surgeon) on "How to approach Patient with Jaundice" on May 12, 2017 at ESIC Hospital Naroda.



CME was held at GCS Hospital on June 9, 2017 on "Recent Advances in Endoscopy" by **Dr. Chirag Shah** (MD, DM - Gastroenterology) & "Advances in GI Laparoscopy : Expanding Horizons" by **Dr. Anand Patel** (MS, DNB - GI Surgery)



GCSMCH in NEWS

દિવ્ય ભાસ્કર

અમદાવાદ, શુક્રવાર, 14 એપ્રિલ, 2017 | 14

GCS હોસ્પિટલ દ્વારા ડીપ્રેશન-હતાશા ઉપર જાગૃતિ કાર્યક્રમ યોજાયો

"વર્લ્ડ હેલ્થ ડે" નિમિત્તે, GCS હોસ્પિટલ દ્વારા "વર્લ્ડ હેલ્થ ડે"ની આ વર્ષની થીમ 'ડીપ્રેશન-લેટસ ટોક' ઉપર ડીપ્રેશન અંગે જાગૃતિ અને બચાવ માટે એક સેમિનારનું આયોજન કરવામાં આવ્યું હતું. ડીપ્રેશન બાળકોથી લઈ ઘરડા એમ તમામ લોકોને અસર કરી શકે છે. આ સેમીનારમાં GCS હોસ્પિટલના નિષ્ણાત મનોચિકિત્સકો ડો. હિતેન્દ્ર ગાંધી, ડો. ધર્મેશ પટેલ



અને ડો. અલ્પેશ ગેડીયા દ્વારા ડીપ્રેશન અને તેની સારવાર અંગે હોસ્પિટલના સ્ટાફ મેમ્બરોને જાગૃત કરવામાં આવ્યા હતા.

દિવ્ય ભાસ્કર, અમદાવાદ

રવિવાર, 16 એપ્રિલ, 2017

સિટી ફ્રંટ પેજ માર્ગદર્શન | કેન્સર હોસ્પિટલ દ્વારા યુજીકોન-2017 કોન્ફરન્સ યોજાઈ



અમદાવાદ | ગુજરાત કેન્સર ઈન્સ્ટિટ્યૂટ એન્ડ રિસર્ચ સેન્ટર, ગુજરાત કેન્સર સોસાયટી જીસીએસ હોસ્પિટલ અને જીસીએસ મેડિકલ કોલેજનાં ઉપક્રમે યુજીકોન-2017 કોન્ફરન્સ અને વર્કશોપનું આયોજન કરાયું હતું. કેન્સર અંગે લાઈવ વર્કશોપમાં ઓપન, થોરાસ્કોસકોપીક અને લેપ્રોસ્કોપીક પ્રોસીજરની વિશદ ચર્ચા કરાઈ હતી. કોન્ફરન્સમાં મુંબઈ, દિલ્હી, ચેન્નાઈ, બેંગલુરુ, ત્રિવેન્દ્રમમાંથી કેન્સર સર્જન ઉપસ્થિત રહ્યાં હતા.

UPDATES

Community Medicine

World Health Day

Department of Community Medicine celebrated "World Health Day" on April 4, 2017 at "**Mahila Bhikshuk Gruh**" under the field practice area of Rural Health Training Centre by screening of patients for psychiatric illness and also giving treatment for minor ailments.



Health education session on Depression was organized for the students of **Gujarat Vidhyapith, Sadra** under the field practice area of Rural health training centre.



Community Medicine Department also observed World Health Day at N R Institute of Physiotherapy, Naroda Road. Lecture on facts of depression was delivered by **Dr. Nikita Rajguru** (L.M.O - UHTC) and **Dr. Venu Shah** (I/C Assistant Prof. UHTC) for first year students.



The Community Medicine Department also celebrated World Health Day under the aegis of Indian Association of Preventive and Social Medicine. The **Quiz competition** was conducted on the theme of "Depression; let's talk" for



MBBS students of GCS Medical College. The winner team will represent the GCS Medical College for the Quiz competition at State level. The event was coordinated by **Dr. Mansi Patel** (Assistant Professor) and Tutors of the Department under the guidance of **Dr. K. N. Sonaliya** (Professor & Head, Community Medicine Department).

Community Medicine Department held health education session about "**Prevention of water-borne diseases & importance of hand washing**" amongst the students of the primary school under field practice area of Rural Health Training Centre.



Department of Community Medicine celebrated "**World No tobacco day**" on May 31, 2017 at one of the factory under Rural health training centre's field practice area by giving education about health hazards associated with tobacco consumption to the workers of the factory.



World No Tobacco Day was observed at Urban Health Training Center, Saijpur too. The IEC was done regarding ill effect of different forms of tobacco consumption, different methods for oral cancer screening as well as de-addiction process including video demonstration to encourage behavior change of the participants having tobacco addiction. The session was facilitated by **Dr. Mansi Patel** and interns posted at UHTC.



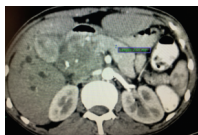
ACADEMICS

Medical Cases

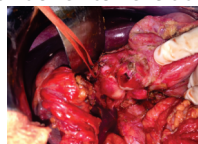
Hepatopancreatoduodenectomy for carcinoma gallbladder

Dr. Rashesh Solanki, Dr. Dhaivat Vaishnav, Dr. Nilesh Pandav

A 34 year old lady was seen by Dr. Nilesh Pandav in OPD and diagnosed to have obstructive jaundice. Bilirubin was 8 and liver synthetic function was normal. CECT abdomen showed a gallbladder mass with large lymphnodes at porta and peripancreatic region.



A diagnosis of carcinoma gallbladder with nodal disease was made. In view of cholangitis, she underwent ERCP and biliary stenting. After 3 weeks, her bilirubin normalized and since the imaging did not show any obvious unresectability, surgery was planned. A diagnostic laparoscopy was done to exclude metastatic disease. On exploration, she was found to have a gallbladder mass with omental and colonic adhesions and hard nodal mass at porta hepatis adherent to and infact infiltrating lower CBD.



The common hepatic duct was divided and lymphadenectomy was attempted. However, in view of the infiltration of lower CBD by the nodal mass which was visible from the divided lower end of CHD, a decision to perform Hepatopancreatoduodenectomy was made. This includes a radical chole-cystectomy (liver resection around the gallbladder, wedge of 2 cm) along with pancreaticoduodenectomy (Whipple's procedure).

The surgery lasted for about 12 hours. Postoperatively, the patient did well & was discharged on 10th postoperative day. Unfortunately, the patient developed bile leak from the main wound & returned 24 hours later. A CT scan was performed which revealed a leak from the hepaticojejunostomy site. Radiology team (Dr. Ajay Upadhyay) was consulted and a pigtail catheter was placed under radiology guidance. The bile leak resolved within a week and she was discharged 10 days after re-admission.



Lateral Pancreatogastrostomy for Stenotic Pancreato-jejunosotomy after Pancreatoduodenectomy - Dr. Dhaivat Vaishnav

A 55-year-old man was admitted with pancreatitis evolving over 4 months. This was associated with a weight loss of six kg. He had previous history of pancreatoduodenectomy around 8 years back for periampullary tumor. The continuity of the digestive and pancreatic (Wirsung duct) ducts was re-established by the formation of an end-to-side pancreatico-jejunal anastomosis, as well as hepato-jejunal and gastro-jejunal anastomoses. The postoperative period was uneventful; following the surgery the patient was on regular follow up. He was asymptomatic until he developed acute onset abdominal pain 4 months back. There was no history of alcohol consumption or regular consumption of medication. He suffered from recurrent attacks of pancreatitis required two hospital admissions in last 4 months. He was evaluated using blood tests (full blood count, urea and electrolytes, liver function tests, triglycerides, carcinoembryonic antigen [CEA], and carbohydrate antigen ([CA] 19.9), C reactive protein) were within normal limits. No pancreatic necrosis was seen on computed tomography (CT) scan; however, a 7 mm dilatation of the pancreatic (Wirsung duct) duct, without parenchymal atrophy suggestive of chronic pancreatitis on MRCP. Imaging findings were suggestive of an anastomotic stenosis. PET CT scan was negative for local or metastatic recurrence. A surgical intervention was carried out to treat the obstruction. Lesser sac entered from side of gastrojejunostomy. Anterior surface of pancreas body exposed and pancreatic duct identified using needle aspiration technique. Pancreatic duct was opened for a length of 5 cm. Pancreas body and posterior wall of stomach were in close apposition, so pancreatojejunostomy was not taken down. Pancreatic ductal drainage achieved by a side-to-side anastomosis pancreato-gastrostomy. The postoperative period was without incident. 14 months after the intervention the patient remains asymptomatic.



GCS Medical College - Homeostasis 2017

The third edition of Homeostasis 2017 - the Annual Gujarat State Biochemistry Quiz was conducted by the Department of Biochemistry. Participating teams and Staff members from various medical colleges of Gujarat were in attendance. The day began with the inauguration of the event by **Dr. Kirti M. Patel** (Dean - GCSMC). **Dr. Prarthana Majumdar** who retired as HOD Biochemistry from BJMC Ahmedabad was felicitated for her services towards medical education. The event saw intense competition among the 37 teams of various medical colleges of Gujarat. 18 teams sailed through to the interactive pre-final round after a written prelims round. Of them 6 teams made it to the finals and the top honour went to the team representing BJMC Ahmedabad. Runners up were from GMERS MC Himmatnagar. Department of Biochemistry GCSMC thanks TransAsia, Roche, Adcare Biomedicals, Elsevier publications, Jaypee Medical publishers and IAMS coaching classes for associating themselves with our event.



GCRI HIGHLIGHTS

OBITUARY

Dr. Narendra L Patel, Vice President of the Gujarat Cancer Society left us for heavenly abode on June 7, 2017.

Dr. Narendra L. Patel was one of the founder members of Gujarat Cancer Society. He was attached with GCS, since its inception, in 1962. He had offered his services as Hon. Secretary of GCS from 1970-1990 and as The Director, Gujarat Cancer & Research Institute, from 1992-1998. During the years of his Directorship, GCS & GCRI progressed in field of technology and patient care. Paediatric Oncology Centre, first of its kind in the country, was established because of his vision and efforts. He was a founder Head of Department of Radio-Diagnosis from 1962-1993. Bhoomi Poojan of New GCS Medical College Hospital & Research Centre was done by Dr. N. L. Patel & Shri Kshitish Madanmohan on 12th December, 2009. Dr. N. L. Patel remained involved in all activities of GCS & provided his guidance till 2017. GCS & GCRI will always remain indebted to him. He was very kind hearted, enthusiastic and cheerful personality. The sad demise of Dr. Narendra Patel has created a big vacuum in academic and cultural fields. We all pray to the God Almighty that his soul may rest in eternal Peace.



Latest technology added to Nuclear Medicine Department

18F Sodium Fluoride (NaF) PET/CT Bone scan:

Bone metastasis is the most common malignant bone tumor and often occurs in patients with solid tumor cancers such as breast, lung and prostate.

In recent years there has been increasing evidence in the medical literature regarding the utility and advantage of PET/CT studies utilizing the radiopharmaceutical 18F-Sodium Fluoride (NaF) for assessing bone cancer. In February 2011, the FDA approved a New Drug Application (NDA) for 18F NaF from the National Cancer Institute (NCI) for the use in PET bone imaging.

Advantages over conventional 99mTc-MDP studies:

- Greater comfort and convenience.
- Shorter scanning times of about an hour.
- Higher accuracy in detecting both osteolytic and osteoblastic metastases.
- Greater differentiation of benign versus malignant lesions.
- Increased sensitivity & specificity over 99mTc scans.
- Increased spatial and contrast resolution.
- Fusion with anatomic information gained from integrated CT
- 3-axis & whole body viewing similar to FDG PET studies.
- Supply of 18F Sodium Fluoride (NaF) is not constrained, as is the case with 99mTc.

GCRI Ahmedabad is the **first centre in Gujarat to provide advantage of 18F-NaF imaging that too at subsidized rate** which have the potential to improve diagnostic accuracy. Transition to 18F-NaF PET imaging requires visual and mental recalibration for the referring physician.



“UGICON 2017”, a workshop cum conference on upper G.I. cancer surgery

“UGICON 2017”, a workshop cum conference on upper G I cancer surgery, was organized from April 14-16, 2017 at GCS Medical College was taken by GCRI Surgical faculty. Dr. Kiran Kothari, Dy. Director and Prof. of Oncosurgery was the Organizing Chairman.

Renowned Japanese surgeons, namely Dr. Harushi Osugi and Dr. Takeo Fukagawa and Dr. Miguel Cuesta from Netherlands attended the conference. Among the national faculty, Dr. Sanjay Sharma, Dr. Suraj Pawar, Dr. Shailesh Shrikhande and Dr. Shailesh Puntambekar were the faculty for the live operating sessions as well as 44 faculty members across India participated for the didactic sessions.



In a nutshell, we would like to say that this small step in propagation of surgical oncology training was a gratifying experience and we would like to organize many more such programs in the near future.

GCRI HIGHLIGHTS

Inauguration of “પ્રયાસ” Cancer Exhibition



Dignitaries present on the occasion.

A unique cancer exhibition is functioning at Community Oncology Centre, Vasna since 1998. It is a need of an hour to redesign the exhibition with latest information and advances in the field of cancer.

Sensing the need, this exhibition has been renovated and it is given name, **PRAYAS - Cancer Exhibition**. This exhibition was inaugurated on June 3, 2017, Saturday in presence of all the dignitaries of The Gujarat Cancer Society, The Gujarat Cancer & Research Institute and GCS Medical College. The PRAYAS - cancer Exhibition was inaugurated by chief guest of the event **RJ Devaki** - Red FM. The guest of honor of the occasion was veteran theatre artist and activist **Smt. Aditi Desai**.

Recently, Bosch Rexorth India Ltd has donated Mammography machine and Autoimmune Analyzer machine costing around 25 lakhs. On this occasion, both the machines were inaugurated by **Mr. Hans Banget**, M.D. - Bosch Rexorth India Ltd.

Salient features of PRAYAS - Cancer exhibition:

- Free entry
- Contents in Gujarati and English
- Pictorial presentation
- Detailed coverage of cancer & its treatment
- All types of cancers are included
- Educational visits are encouraged

Who can visit this exhibition?

- School going students, Nursing, Paramedical and Medical students
- Relatives of cancer patients
- Social workers and Non Government
- Organizations
- Corporate visits for their staff members
- Any person interested to know more about cancer.



Glimpse of Cancer Exhibition



RJ Devaki inaugurating the exhibition



Smt. Aditi Desai inaugurating Women Cancer hall



Shri Prashant Kinarivala & Dr Geeta Joshi inaugurating Palliative Medicine hall.



Mr. Hans Banget inaugurating Mammography and Autoimmune analyzer machine



Lamp lighting by guests



Welcoming our chief guest



PRAYAS- Cancer exhibition

Team “PRAYAS”



Dr. Shilin N. Shukla
Ex. Director,
GCRI

Dr. Shilin Shukla has contributed immensely as a for content of exhibition. He has played a pivotal role in editing of Gujarati and English write up. He has provided overall guidance to the content.



Dr. Geeta Joshi
Deputy Director,
GCRI

Dr. Geeta Joshi initiated the planning of Prayas- cancer exhibition. She played a lead role in content approval, co-ordination of activity and proof reading of the content.



Dr. Janmesh Shah
Asst. Professor & Head,
Community Oncology

Dr. Janmesh Shah was involved in gathering information and preparation of content in English and its translation to Gujarati. He coordinated with all the specialists for content preparation.



Dr. Anand Shah
Asst. Professor,
Community Oncology

Dr. Anand Shah was an assistant for the content expert, gathering information about the cancer and preparation of panels. He looked after all the computer related work.



Mr. Dharmesh Panchal
Head,
Photography Dept.

Mr. Dharmesh Panchal did designing of all the panels of the exhibition. Capturing photographs, editing and designing of the content was done by him.

GCRI HIGHLIGHTS

Our Inspiration



Shri Prashant Kinarivala
Hon. General Secretary, GCS



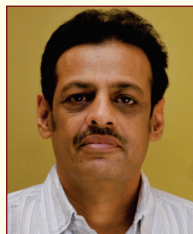
Shri Kshitish Madanmohan
Hon. Secretary, GCS



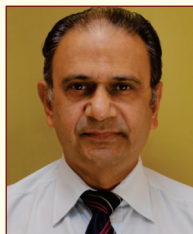
Dr. Pankaj M. Shah
Vice President, GCS



Dr. Devendra D. Patel
Ex. Director, GCRI



Dr. Rakesh K. Vyas
Incharge Director, GCRI



Dr. Kiran C. Kothari
Deputy Director,
GCRI



Dr. Kirti M. Patel
Hon. Joint Secretary,
Dean GCS Medical College



Late Dr. N. L. Patel
Ex. Vice President, GCS

Photo Gallery



Report of activity on occasion of World No Tobacco Day 2017

As we know, 31st May is celebrated as **World No Tobacco Day** across the globe. The Gujarat Cancer Research Institute (GCRI), being a State Cancer Institute had also celebrated this event with the theme of "Tobacco: A threat to development". As a part of World No Tobacco Day celebration, GCRI had planned community activities in the different slums of Ahmedabad city for a week (29th May to 3rd June) which includes following activities.

- A **role play** by the social workers of Community Oncology Department, GCRI was performed depicting the serious issues of addiction with tobacco, cigarette and alcohol. This role play had given a clear message of quitting smoke and smokeless tobacco.



- Institute had also arranged a **cancer exhibition** in these slums which includes banners and posters for common people addressing warning signs of cancer and its causes. It also explains about treatment and prevention of cancer.



- A **cancer talk** was arranged by doctors of GCRI regarding basic information about cancer and decisive role of tobacco responsible for cancer.

- Counseling session** for de-addiction was also arranged where a counselor conducts one to one counseling with the slum people. Counselor had also conducted home visit and had discussed important issues with the family members to help in the de-addiction process.



- GCRI with the help of "AYUSH" NGO is also showing a **movie on cancer** in the same area at night. The movie addresses sensitive issues of cancer in a very comic manner which makes it very easy to understand for the community.



- On the World No Tobacco Day, a **special talk giving information** about cancer was held in the premises of The Gujarat Cancer & Research Institute. Here de-addiction counseling of relatives of cancer patients was done and their doubts were cleared by experts.



Following slum areas were covered.

Date	Community Area	Beneficiary
29-May	Soniriya Block 1, Behind City Gold, Bapunagar	100
30-May	Asarwa	350
31-May	New Parmeshwar Park na Chapra	230
1-June	Kalapinagar - 1	250
2-June	Kalapinagar - 2	250
3-June	Opp Sahjanand College, Ambawadi	200

A ONE-STOP DESTINATION FOR ALL YOUR HEALTHCARE NEEDS



GCS Medical College, Hospital & Research Centre



300+
Doctors



750
Patient Bed



13000+
Surgeries



60+ Bed
ICU & Critical Care



1500+
Daily Outpatients



200000+
Patients every year



11
Modular OT



Clinical Services

- Medicine
- Surgery
- Paediatrics
- Anaesthesia
- Orthopaedics
- Gynaecology & Obstetrics
- Dermatology & Skin
- Dentistry
- Ophthalmology
- Psychiatry
- TB & Respiratory Disease
- ENT

Super Specialty Services

- G.I. Surgery
- Cardiology
- Vascular Surgery
- Nephrology
- Urology
- Neurology
- Neuro Surgery
- Oncology
- Onco Surgery
- Joint Replacement
- Spine Surgery
- Rheumatology
- Pain Management
- Gastroenterology
- Paediatric Surgery
- Pulmonology
- Endocrinology & Diabetology
- Plastic & Cosmetic Surgery
- Endoscopy

24 Hours Services

- Radiology
- Casualty & Emergency
- Pharmacy
- Pathology
- Ambulance (ICU on Wheel)
- Blood Bank

Support Services

- Health Check up
- Dialysis
- Diet & Nutrition
- Physiotherapy

Empaneled with

- RSBY (Rashtriya Swasthya Bima Yojna) for BPL Patients
- Chiranjeevi Yojna
- JSVY (Jyotirgamay Swasthya Vima Yojana)
- Family Welfare Center
- Bal Sakha Yojna
- Mukhyamantri Amrutam Yojana (MA Yojana)
- Employees' State Insurance Corporation (ESIC)

GCS Hospital is empaneled with Major Insurance and TPA companies for Cashless services.

GCS Medical College, Hospital & Research Centre

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